



126th Airman & Family Readiness

MISCELLANY



May 2016

Kids on Guard



It is time to register! Kids on Guard will be held on 14 June, with check-in running from 0700-0800 in building 5010 (Communications building across from static display). All registrations are due **NLT Wednesday, 11 May**. If you have already submitted your registration, but have not sent in your child's photo, I need it as soon as possible. Please save your head & shoulder image as a jpg with your child's name, last name_first name, e.g. **Smith_John.jpg**. It will make it much easier keeping them all straight. Everyone is very busy, and this summer is no exception. I know it will be another great time for the kids! If you are willing to volunteer to help, we need volunteers to be Troop Commanders (chaperones), registration, set up and more. Thank you in advance to all the volunteers! You are the ones who make it possible! Registration forms were sent out Friday morning, but if you need one, they are available on the SharePoint.

The Reserve & National Guard – Fantastic Resource!

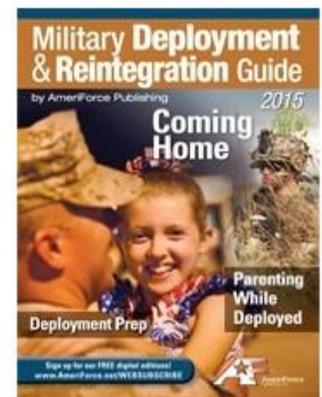


You may have seen issues of *The Reserve & National Guard* magazine around the wing, but did you know it is available online for free? *The Reserve & National Guard* magazine for May 2016 is packed with useful and relevant articles to help reservists and guard members make the most of their careers. There are great articles on transitions, resume writing, education and resiliency.

[Click here](#) to read the full digital edition now.

In addition, Ameriforce.net has downloadable articles and resources available to ARC members for free. You can read about all things military at <http://www.amerinet.net>

For example, you can download and read their Military Deployment & Reintegration Guide by [clicking here](#).



Spirit of St. Louis Air Show – May 14-15, 2016

The Spirit of St. Louis Air Show & STEM Expo, presented by Boeing, takes off at the Spirit of St. Louis Airport, May 14-15, 2016. Featuring military and civilian demonstrations, static airplane displays, the interactive MasterCard STEM Expo, and Camp Spirit, the 2016 event will excite and inspire in the air and on the ground. To learn more, go to:

<http://spirit-airshow.com/>



2016 CAMP CORRAL 2016 CORRAL - Hosted by the YMCA Hosted YMCA



Camp Corral, a 501 © (3) tax exempt, non-profit corporation, is a free, one-of-a-kind summer camp experience for children of wound-ed, injured, disabled or fallen military service members. Although **any child of a military service member or veteran is eligible**, reg-istration priority is given to children of wounded, injured, disabled or fallen military service members.

Camp Corral is for children ages 8 to 15. Parent or legal guardian must register the child.

Applications are available starting January 12th. They will close one month prior to the first day of the given session. Use the following link for information on specific locations:

5 - 11 Jun Hunt, TX; Cleveland, SC; Lake Park, MN

12 - 18 Jun Middleville, MI and Deckers, CO

19 - 24 Jun Clarksville, OH

26 Jun - 1 Jul King, NC and Eagle Bay, NY

3 - 8 Jul Columbia, NC; Princeton, IN; Davis, OK; Elmdale, KS and Oracle, AZ

10 - 15 Jul Loma Mar, CA

17 - 22 Jul Monticello, IL

31 Jul - 5 Aug Niceville, FL

7 - 13 Aug Burlington, KY; Greensboro, NC; Front Royal, VA and Gig Harbor, WA

14 - 20 Aug North Springfield, PA

To learn more or register, go to: <http://www.campcorral.org/camp-experience/camps/>

Airman & Family Readiness Center (A&FRC) Events



All events, unless otherwise noted, are held at the A&FRC and **require registration**. Call 256- 8668 to register or go on-line at www.scottafrfc.com to learn about other upcoming events, workshops & services

May 9, 0830-1130 Federal Employment Workshop: Navigating USAjobs and writing your federal resume

May 30, 12-1330 30 Ways to Waste Money: Briefing will cover the top 30 ways in which people waste money. Everything from birthday parties, to groceries, to insurance.

Volunteer Opportunities

St Louis Foodbank – May 7 Looking for a great volunteer opportunity you & your family can enjoy? Look no further! Volunteers are needed to assist at the St Louis Foodbank opportunity; Saturday, May 7 from 10 a.m. to 1 p.m. Duties will include sorting, packing and building CSFP (Commodity Supplemental Food Program) boxes. Please contact TSgt Venable joseph.venable@us.af.mil & TSgt Miller seth.miller.2@us.af.mil to sign up! Slots will go fast!

Lindbergh High School History Alive Program - May 9 Lingbergh High School is looking for Iraq and Afghanistan veterans to come to their school May 9 to talk in small groups to students about real stories of American military service during key moments in American history. For more information or to sign up, please email Senior Airman Megan Friedl at megan.friedl@us.af.mil.



Vet Welcome Home – May 13-14 This year’s “Welcome Home and Stand Down” will be held on Friday and Saturday, May 13 and 14, 2016 in St. Louis Community College Forest Park Campus. We are expecting more than 100 community, government and service organizations that will provide Information on employment, housing, Veterans’ benefits, health care, legal service and other community resources to assist Veterans and their families. We are therefore looking ahead to recruiting volunteers to share their enthusiasm, care and assistance to the Veterans and help with Traffic/Event Direction, Registration, Homeless Stand Down, Children’s area, Food. To register to be an event volunteer or to obtain additional information, please contact Shaunie Mosley at Shaunielle.Mosley@va.gov or 314-289-6393. USTRANCOM’s SEG team is also looking for volunteers for specific shifts, please contact seg.vawelcomehome@gmail.com for more information. POCs for them are SMSgt Terrence Bottom, MSgt Richard Davie and MSgt Josh Crosby.

Visit the Elderly – May 18 Are you an outgoing person who loves to have fun with the elderly? If so, join the Scott NCO Council on May 18 as we play bingo with the residents of the Silver Creek Assisted Living Community, Mascoutah, beginning at 2 p.m. This is a great and easy opportunity for individuals of all ages looking to give back to gain volunteer experience, all while having a blast! If interested, please feel free to contact SSgt Lakendra James at 256-4000 or lakendra.james@us.af.mil.

Bark in the Park – May 21 The Missouri Humane Society is looking for volunteers for the upcoming Bark in the Park 5K event Saturday May 21 from 7 – 11 a.m. Duties will include assisting along with setup and break down. T-Shirts will be available for all volunteers. To sign up, please contact TSgt Joe Venable at joseph.venable@us.af.mil

Welcome Home Warrior Summit Celebration Volunteers are needed for both 13 and 14 May, 2016 at this event. Volunteers are needed in registration, concessions, safety/guide, and homeless program. Volunteers are scheduled in 5 hour shifts. The event flyer is included in this newsletter describing the event. To request a volunteer application form or ask questions, please email maura.campbell2@va.gov.

Veteran Coordinators at Public Universities and Colleges in Illinois



Veteran Coordinators are tasked to be the central point of contact for all veterans, service members, and dependents at universities and colleges. Veteran applicants and student veterans are encouraged to contact these staff to learn about eligibility to veteran education benefits, benefit application processes, academic counseling, financial aid counseling, and student support services.

[Click here](#) to obtain a list of Veteran Coordinators at public universities and community colleges for the 2015-2016 academic year (with names, phone numbers, and email addresses).

National Bike to Work Day - May 20

No ice; no lightening...we ride! Hooah! Group bicycle rides to Scott AFB will originate from the red caboose in the 100 block of West First Street in O’Fallon at 6:45 am and from Holy Trinity church in Fairview Heights at 6:20 am on Friday, May 20. The Fairview riders will join the O’Fallon riders along the route. Need info: Mary Schmidt (256-5094) or Paul Niesen (229-2574).



Summer@IMSA 2016 Metro East Area
Discover the Possibilities with IMSA Summer Enrichment Programs!

Illinois Mathematics & Science Academy MetroEast Field Office is offering three summer programs:



BioSleuths (rising 3rd and 4th graders): June 27 - July 1: Dissect a grasshopper and flower, test how ants respond to stimuli and create an insect soundscape.

CS IMSA (rising 5th and 6th graders): July 11-15: Unravel the science and mathematics behind crime scene clues like finger and footprints, DNA, handwriting, and voice identification while solving a mystery.

Vital Signs (rising 7th and 8th graders): July 25-29: Delve into a biomedical engineering project while applying engineering principles and practices to the structure and function of the human body.

Scholarships available, courtesy of the Scott AFB S.T.E.A.M. Advisory Group. Visit www.imsa.edu. Click on the "Extension Programs" tab, then "Summer@IMSA". Scroll down to "MetroEast Programs". Click on "Register" or "Apply for a scholarship." **Scholarship applicants need only meet 1 of 3 criteria to be considered: (1) Military-affiliation (2) Financial need (3) Resident of the MetroEast.

Registration deadline is 1 June. Register or apply for a scholarship online at <https://www.imsa.edu/extensionprograms/Metroeast> For more information, contact Dawn Waller, 618-791-3855 or dwaller@imsa.edu

VA Work Study Locations – IDVA

Do you need employment while attending school utilizing your VA educational benefits? The federal VA work-study program provides part-time employment to students receiving VA education benefits who attend school three-quarter time or more. Work-study students are paid either the State or Federal minimum wage, whichever is greater. The Illinois Department of Veterans' Affairs provides VA work-study opportunities at its numerous offices throughout Illinois. Other available opportunities may exist at the school veteran's office, VA Medical Facilities, the VA Regional Office, and at approved veteran service organizations. For further information, please visit [VA Work-Study Program](#). For more information on approved programs, call 312-814-2460 or 217-782-7839. For information on VA Work Study locations available at IDVA, call 312-814-5538.



Non-Medical Counseling Webinars on Military OneSource

The Non-Medical Counseling Program office is excited to continue its series of webinars hosted and archived on Military OneSource. These webinars, which are based OSD approved presentations, are presented by subject matter experts and are intended for service members, their families, and military service providers. Registration is required but the process is very easy and takes less than a minute to complete. [Click here](#) for more information or to register today!

[May 12 - Reunion: It's a Process, Not an Event](#)

The complete list of upcoming and archived webinars is located on the Military OneSource website under the social media hub at: <http://www.militaryonesource.mil/social-media/webinars>



Improve Your Run Time!

Running Clinic is starting again!

5 May - 23 June

Meets Monday, Wednesday, Thursday @ 1515-1615

*Open to all Active Duty, Air National Guard & Reservists of any fitness level. This hands-on, six week clinic is designed to help improve your 1.5 mile run time. Average improvement is 1:15 off aerobic component of fitness assessment! Please call the Health Promotion office at 256-7139 to enroll or with any questions.

Speaking of Fitness...

"Steps to a Healthier You!" Join a team of Lifestyle coaches, using the Group Lifestyle Balance Program, a 12 week nutrition and physical activity program. The program is aimed at 7% weight-loss and reducing the risk of Type 2 Diabetes and Cardiovascular Disease. Eligibility Requirements: Free to All Military Families, Retirees and Veterans: Age 18+. We offer new classes every 12 weeks. Enroll Today! Call Cathy Takacs, RD,LDN at 256-7869. New 12 Week Classes Begin on: Tuesday June 7th Noon-1PM



126 ARW Sexual Assault Prevention & Response Program

126 ARW SAPR Helpline (24/7): (618) 558-6857
SARCs are Maj Desiree Broussard & Maj Diana Bowes (waiting credentialing)
Victim Advocates are MSgt Jim McIsaac and SSgt Talia Reed

DoD Safe Help Line
www.SafeHelpline.org
877-005-5247

Military OneSource:
<http://www.militaryonesource.mil>
1-800-342-9647



DoD Sexual Assault Prevention and Response: <http://www.sapr.mil>

Separating or Retiring within the next 12 months?

If you are separating or retiring within the next year, now is the time to schedule your briefings. If you are going to be receiving an active duty retirement, you cannot apply to retire until you receive your Survivor Benefit Briefing from the Scott AFB Causality Affairs Office. Except for unusual circumstances, this briefing should be scheduled 9-12 months from your projected retirement date. There is no reason to wait. A member can always decide not to retire, but having the briefing accomplished gives you so much more time to prepare to transition to civilian life. Unfortunately, the SAFB office is only one-deep and it is difficult to schedule this briefing on short notice.

Everyone separating or retiring is required to receive a pre-separation briefing from Airman & Family Readiness. For AGRs, this is done at the 375th A&FRC, for all technicians, DSG, and members deploying for 180 days or longer, this is accomplished by your AFRPM. Beginning June UTA, this pre-separation briefing will be provided every Sunday, time and location TBD. Please don't wait until the last day of the last drill to try to accomplish this mandatory briefing. It takes 1.5-2 hours to complete the necessary paperwork and brief. Please contact me if you have any questions at 222-5784 or travis.e.barker6.civ@mail.mil

VA St. Louis Health Care System & Warrior Summit



The poster features a large red archway with a blue house silhouette inside. Text inside the arch reads "Welcome Home/ Warrior Summit" and "TRANSITION AND CARE MANAGEMENT". A starburst in the top left says "NEW DATE!". A list of activities is on the right, and event dates and location are at the bottom.

NEW DATE!

Welcome Home/
Warrior Summit

TRANSITION AND CARE MANAGEMENT

Activities

- Transition and Care Management
- Homeless Veteran Stand Down
- Stand Up! For Women Veterans
- Women Veterans Summit
- Legal Clinic
- VA Health Care Representatives
- Veterans Benefits Administration
- Free Hair Cut Service
- Health & Wellness Center
- Veterans Service Officers
- College Representatives
- VA Caregiver Support
- Employment Resources
- Career Development Classes
- On Line Application Computer Training

Friday and Saturday, May 13 and 14, 2016

Friday 9 a.m. - 4:00 p.m. Ceremony at 10:00 a.m. Saturday 9:00 a.m. - 1:00 p.m.

 St. Louis Community College Forest Park Campus,
5600 Oakland Ave. St. Louis, MO 63110

The Welcome Home Warrior Summit will be held May 13th (full day) and 14th (1/2 day) at Forest Park Community College. There will be many exciting activities and services throughout this collaborative summit including Navy Week, HOPE Housing Summit, and the Women Veterans Summit. The Homeless Stand Down & Stand Up events will take place on Saturday the 14th. Please see the attachments for details. I hope you are able to participate and look forward to seeing you there. For more information, visit <http://warriorsummit.org> or contact James Flagg at 773-606-6621 or Olivia Lorentz at 314-289-7641.

Military Spouse Appreciation Month!



Happy Military Spouse Appreciation Month! Thank you for all your support of your spouse and the Air National Guard! Military One Source has got a lot of programs this month. Join the celebration and the conversation. Check out these webinars and live chat events:

-Friday, May 6 - at 1 p.m. EDT, get your employment questions answered at our 60-minute live question-and-answer session. Join us on the Spouse Education and Career Opportunities Facebook page with Adecco USA, Bank of America, Hilton Worldwide and Starbucks. Learn more at: <https://myseco.militaryonesource.mil/Portal/Content/View/3826>

Check out special activities all month long at <https://myseco.militaryonesource.mil/Portal/Content/View/3827>

For MySECOs enduring webinar/social media event links that can be shared anytime, please see:

Find out how to start your own business as a military spouse:
<https://myseco.militaryonesource.mil/Portal/Content/View/2791>

Find out all you need to know about Department of Defense spouse education and employment resources during their monthly webinar: <https://myseco.militaryonesource.mil/Portal/Content/View/2790>

Join hiring experts and certified career counselors on LinkedIn through the Military Spouse Employment Partnership Spouse Group. Learn more here: <https://myseco.militaryonesource.mil/Portal/Content/View/2764>



You're invited to
*The Women Warriors
Baby Shower*

In coordination with local organizations and family assistance programs, the American Red Cross is hosting a baby shower for military mothers and veterans.

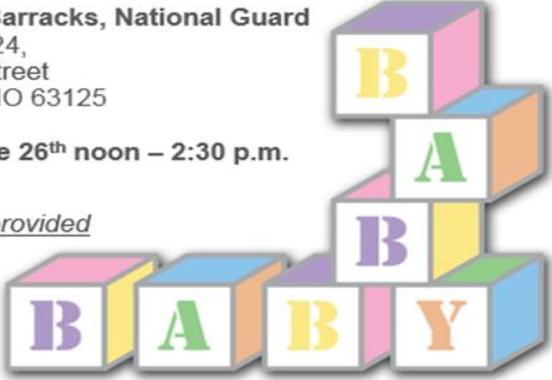
WHO: Expectant mothers or new mothers of infants up to four (4) months who are either currently serving in the United States Armed Forces (ranking E-5 and below); or women veterans receiving care through VA; and a guest.

WHY: To support our military mothers who often face challenges few understand.

WHERE: Jefferson Barracks, National Guard
Building #24,
24 Davis Street
St. Louis, MO 63125

WHEN: Sunday, June 26th noon – 2:30 p.m.

Childcare will not be provided



How to Register: Fill out the registration form on SharePoint, >Organizations>FSS>Airman & Family Readiness>Baby Shower or email a request to travis.e.barker6.civ@mail.mil



CHILD CARE FAMILY CHILD CARE
FREE CHILD CARE FOR ELIGIBLE FAMILIES
DURING UTA WEEKENDS! FOR ELIGIBILITY &
OPTIONS CALL FCC OFFICE, 256-8047.

Scott Air Force Base Happenings

Mother's Golf for Free, May 6-8 Cardinal Creek Golf Course is having a Mother's Day Weekend Celebration, **May 6-8**, where all moms can play golf for free with a paid adult. Kids always golf free with a paid adult so the whole family can play for the price of one. Tee times are required. For more information, call 618-744-1400.

Outdoor Recreation's Open House, May 7 Outdoor Recreation's Annual Open House is scheduled for **Saturday, May 7** from 10 a.m. to 1 p.m., held at Outdoor Recreation, Bldg 3176. Bring the family and enjoy **FREE** food, bouncy castles, giant games, Tye-Dyed Iguana (reptile show), displays, informational booths and more! Chance to win great giveaways and door prizes! Check out our new boats, campers, bikes, equipment rentals, and what's on tap from our Outdoor Adventure Program! For more details, visit www.375fss.com/outdoor_rec.htm, follow us on Facebook or Twitter @ScottODR, or call 256-2067.

Mom's Bowl Free Special – May 7 Come out and celebrate mom on Saturday, May 7 from 11 a.m. - 10 p.m. The Stars & Strikes Bowling Center is having a Moms Bowl Free Special, where all moms can bowl free with a paid player. Offer is limited to three games per mom. Shoe rental not included. For more information call 256-4054.

R4R – Single Airman Initiative: Escape From St. Louis – May 13 Using your environment and teamwork to solve clues, do you have what it takes to escape a locked theme room? Join the Outdoor Adventure Program (OAP) on **May 13** for this new and exciting avenue of team game play! This event qualifies as a Single Airmen Programming Initiative (SAIP). Adventure is open to all. Adventure fee: \$33/person. **SAIP Adventure fee: \$10.** Buses will depart Outdoor Recreation, Bldg. 3176 at 6:30 p.m., returning around 10 p.m. Registration required. For more details, follow us on Facebook or Twitter @ScottODR, or call 256-2067.

R4R: Tree Climbing Trip - May 14 Go on a one-of-a-kind Tree Climbing Adventure, May 14, with the Outdoor Adventure Program and certified climbers from Vertical Voyages. Climbers will use harnesses and ropes to explore the upper canopies of trees within the Shaw Nature Preserve, ascending/descending many times. Appropriate attire required, also bring bagged lunch, snacks, water and sunblock. This event qualifies as R4R Initiative – provides exciting outdoor adventures for those in pre/post deployment and their families for a nominal fee, but everyone is welcome. Adventure is open to all (ages 8+). Adventure fee: \$45. **R4R Adventure fee: \$10.** Buses will depart Outdoor Recreation, Bldg. 3176 at 8 a.m., returning around 5 p.m. Registration required. Anyone under 18 must be accompanied by an adult. For more details, follow us on Facebook or Twitter @ScottODR, or call 256-2067.

Breast Cancer Support Group – May 17 The 375 Medical Group, in conjunction with Scott AFB EFMP-Family Support, will hold our introductory meeting of the newly formed Breast Cancer Support Group on May 17 at 5 p.m. at the Airman and Family Readiness Center. A light dinner meal will be provided. All beneficiaries currently receiving treatment for breast cancer and all breast cancer survivors are invited to attend. Please RSVP to Donna Stewart, 375 MDG Case Manager, at donna.stewart.7@us.af.mil by 13 May in order to allow for planning purposes.

Veterans and Spouses Community Learning Hub – May 17 Do you want to improve your project management skills? Sign up for a free class on managing project risks and changes that starts May 17 at 6 p.m. at the O'Fallon Public Library (120 Civic Plaza Drive). Email: Heidi.Schoen@va.gov Register through Eventbrite: <http://tinyurl.com/hcg3fr3>

DMV at Scott Event Center (Club) - May 18 Need to renew your license plate stickers, but can't make it to the DMV? Catch the Illinois Department of Motor Vehicles mobile unit at the Scott Event Center every 3rd Wednesday of the month from 9:30 a.m. to 3 p.m. This DMV mobile unit offers basic vehicle services, such as driver license renewals (including road tests), ID cards and vehicle registration. Stop by or call 744-1333 for more details.

Free Health & Fitness Fair – May 6



Join the Fitness/James Sports Centers for their Health & Fitness Fair on Friday, May 6 from 9 a.m. to 1 p.m., at the James Sports Center. Various health and fitness related vendors including the 375th Med Group will be on site to answer questions and showcase products as well as FSS activities! Free cholesterol, blood pressure, varicose vein screenings and glucose checks will be available, plus more as well as great giveaways and prizes! Event is open to active duty, reserve, National Guard, retirees, family members, and civilians. For more details, call the Fitness Center, 256-1218 or James Sports Center, 256-4524.

Civilian Development Resource Center

The CDRC is an on-line resource tool that provides information regarding an array of development programs that are available to AF civilians, to include: Roadmap for development through education, training, mentoring, and experiential opportunities. Links three development levels (Tactical Expertise, Operational Competence, and Strategic Vision) to institutional competencies used to develop leaders. Clarifies what the Air Force values in leadership development for civilians. Synchronizes civilian institutional leadership development programs <https://www.my.af.mil/gcssaf/USAF/ep/globalTab.do?channelPageId=sE3494DD04855F471014856506046004D>

Family Housing Residents PCSing, Separating, or Retiring

If you are PCSing, separating or retiring, Scott Family Housing requires a minimum 30-day written notice to vacate (which can be picked up at your Community Center) along with a copy of your orders or notification of pending orders, prior to vacating your home. Residents can always give more than 30-day's notice. Residents who are retiring/separating and who would like to stay in their unit for longer than 30 days after their retirement/separation date should submit a written retention request to Scott Family Housing. If you have any questions, please contact your Resident Service Specialist located at your Scott Family Housing Community Center at 746-4911; listen to the options and choose the neighborhood in which you reside.

2016 AF Club Scholarship Program

Air Force Club Membership could earn you a Scholarship! Enter your essay **Now – May 20, 2016** on this year's topic, "Tell us an Air Force Story", for a chance to win! There are two (2) options to choose, the traditional written essay format or the new video essay format! A total of 6 winners will be selected, 3 Written Essay Format and 3 Video Essay Format. First place in each category receives \$5,000, second place \$4,000 and third place \$2,500. **To enter, visit www.myairforcelife.com/Clubs. Entrants can complete an on-line entry form, paste essay or video link and upload two letters of recommendation.** Eligibility and entry requirements can be found at www.myairforcelife.com/Clubs. Entrants must meet all eligibility/rules and provide all required documents.

Lower Golf Fees For 2016

Cardinal Creek 64th Anniversary Celebration – Where’s 64?

In celebration of Cardinal Creek Golf Course's 64th birthday this year, Cardinal Creek Golf is excited to announce their Where's 64 Selfie Contest, a spin-off of “Where’s Waldo”. Take part in this exciting contest and have a chance to win awesome prizes the entire 2016 golf season. To enter, simply look for the Cardinal Creek 64 signs around base (they move from week to week), snap a photo or a selfie, upload the photo to the Cardinal Creek Facebook page or stop by the Cardinal Creek Golf Course and show us the selfie to claim your prize. It's that simple! Prizes will be announced weekly. Be sure to watch the Cardinal Creek Golf Course Facebook page @cardinalcreek for weekly prize announcements. For more information, call 618-744-1400.

2016 Air Force Photo Contest



Air Force Services presents the 2016 Air Force Photo Contest. This year's theme is "My Air Force Life in Focus." Participants can enter up to three images that depict aspects of living their Air Force Life as they see it. Images may be of people, places or things but must adhere to the theme. Contest is open to authorized patrons of Air Force Morale, Welfare, and Recreation programs. The two categories are adult and youth. The adult category has 2 divisions: Novice and Accomplished Adults. Adults must be 18 years or older. The youth category has three age divisions: teens 13-17 years, pre-teens 9-12 years and children 6-8 years. To enter the contest and for complete rules, visit www.myairforcelife.com/arts during the contest period, **May 1-30, 2016** and follow the instructions for submitting photographs.

NAF Job Openings

The 375th Force Support Squadron is looking to fill the following positions: Child & Youth Program Assistant, Cook, Custodial Worker, Food Service Worker, Laborer, Library Aid, Lifeguard, Materials Handler Leader, Materials Handler, Picture Framer, Recreation Aid, Recreation Assistant, Sales Clerk, Supply Technician and Tractor Operator. For more information and to submit an application, visit www.nafjobs.org. Please contact the Scott AFB NAF HRO at 256-3831 with any questions.

Air Force 4-H Camps Provide Unique Opportunities for Youth and Families



Air Force Child and Youth Programs is proud to announce the 2016 AF 4-H summer camps for youth and teens of Air Force Active Duty, Air National Guard and/or Air Force Reserve families. Twenty-two residential and day camps in 18 states will provide unique camping experiences and offer a variety of activities to help develop leadership skills, build resiliency, enhance communication, introduce STEM initiatives, foster teamwork, prepare students for college and provide quality 4-H programming. The AF 4-H Camps are supported by the long standing partnership between USDA, National Institute of Food and Agriculture, 4-H National Headquarters and Air Force Child and Youth Programs. A listing of all the Air Force 4-H camps and registration details can be found on the 4-H Military Partnerships webpage under “What's New” located at: <http://4-hmilitarypartnerships.org>

In addition, Military Teen Adventure Camps have been announced for 2016-2017! Military teens (14-18 years old of Active Duty, Guard, Reserve, and Retired personnel) have an opportunity to enroll in adventure camps scheduled May 2016 through February 2017 at little to no cost. Registration is completed online by due date listed. Please contact the POCs listed per state if you have any questions

Check them out at: <https://ag.purdue.edu/extension/adventurecamps/Pages/default.aspx>

*****Hot Update*****

UGA has extended the registration deadline for the Summits to **10 May 16**. This has been posted on the AFR/ANG Teen Leadership Summit Facebook page and the ARC Teen Council Facebook page.

<http://www.georgia4h.org/AFRANGTeenSummit/>

Veterans Employment Center (VEC)



From Cutis Coy, Deputy Under Secretary for Economic Opportunity, US Dept of Veterans Affairs. The VA launched VEC two years ago, and the statistics have continued to grow each month – the VEC has seen over 28M hits during that time. Unfortunately, our profile tool was not being used to the extent we had hoped. As such, we are disabling this feature based on your feedback, low usage rates, and data collected over the past two years. Disabling the profile feature will also eliminate junk mail and phishing attempts. This is all part of our continuous effort to protect Veteran information and improve our technology.

We are currently working on the next feature, moving to a badging feature that will facilitate greater connections between Veterans and the private sector by leveraging industry-recognized job boards.

This afternoon we sent notifications to our Veterans who have profiles on VEC, as well as employers who are verified announcing this change. We will be removing the profiles on 12 May 2016.

VA is committed to supporting our Veterans, Servicemembers, and their families in their transition into the private sector. We apologize for any inconvenience and look forward to launching new and improved capabilities on <http://vets.gov> based on Veteran and private sector feedback.

You will still have access to the Military occupational code translator (skills translator), resume builder and the job bank.

"Thinking Money": FINRA Foundation's Documentary



"Thinking Money"—the FINRA Foundation's documentary on behavioral biases and solutions to get us on the path to financial security—won 5 awards this month from The Television, Internet and Video Association of DC. See what all the buzz is about! Watch the trailer, stream the entire film online or order a free DVD on our [website](#) today. Now airing on public television

stations nationwide, this new FINRA Foundation documentary explores our natural behavioral biases—and provides innovative solutions to get us on the path to financial security. [Order Your Free DVD >](#) But wait, there's more!



If you're going to order your free DVD, why not order, *Tricks of the Trade: Outsmarting Investment Fraud*?

Seen on public television stations nationwide, this FINRA Foundation documentary uncovers the psychology of investment scams and reveals ways to protect yourself and others. [Order Your Free DVD >](#)

Tired of Living Paycheck to Paycheck?

Here, in her own words, is the story of Virginia Saver Christina Mele, who spent most of her life living paycheck to paycheck and is now saving successfully.

You will not believe what it took to completely change my life. About three years ago, the HR Administrator of the corporation where I worked (as a temp with no benefits) forwarded an email to me. Fifteen seconds. One small act of kindness. That's it - that's all it took!

The headline in that email asked, "Tired of living paycheck-to-paycheck?" and my answer "YES!" was the loudest silent scream I've ever let out. Having lived that way all my life - through college, through ten years of marriage, through raising two boys as a single mom, through two corporate layoffs, through a career change at the age of 48 - I had come to believe living paycheck-to-paycheck was normal. The email was about a ten-month program called BankOn Virginia Beach. A free chance to learn about saving, budgeting, understanding credit, and to find the focus and accountability I needed to make a change.

Continue reading → <http://AmericaSaves.us8.list-manage1.com/track/click?u=17d680c61b75dafadcaed793a&id=1967610b32&e=047d713b9f>

Beyond Basic Investing



Not everyone lives paycheck to paycheck. Many of you are financially secure and are ready to move beyond basic saving and investing. You may be considering utilizing a professional to help advise you, but are unsure of how or where to start. FINRA has created **How to Find and Work With an Investment Professional**, a new resource, [Where Do I Start?](#), offers six steps to help investors find, and successfully work with, an investment professional.

Is that Online Review True? Information & Video from the Federal Trade Commission

If you're like me, you probably look up online reviews before you go holiday shopping, make vacation plans, or even hire a plumber. Seeing what other people think can be super helpful in weighing decisions — especially before you fork over your hard-earned money.

But did you know that some people are paid to say good things about a company, product, or service? That means you can't always know if someone is giving a true and impartial opinion. The law says reviewers should be up front about their connection to a company — but some of them aren't. The video encourages people to learn as much as they can. Before buying anything based on a review, search online for information and credible opinions based on trusted sources. Compare reviews from a variety of websites. Click the link to [watch the video](#).

It's useful to read reviews, but take them with a grain of salt. When using review sites to research, compare reviews from a variety of sites and trusted sources to make sure you're getting the whole picture. And check out this video for more helpful tips:

Take a Look at the 126 ARW SharePoint



126 ARW SharePoint Information from the Airman & Family Readiness office is posted on the 126 ARW SharePoint. For those with access, you can find past issues of Miscellany, Helpful Guides, and listings of beneficial websites. Everything is available at:

May List of Job Fairs, Recruitment Events, and Business Expos

The schedule of events is subject to change.

Prior to attending any of these events you are strongly encouraged to confirm the companies that are participating.

Throughout the Month of May

MSD BUD Pre-Apprenticeship Training Program Registration

A 5-week pre-apprenticeship training for individuals interested in pursuing a career in sewer occupations.

(Includes the following MSD-related trades: heavy equipment, carpenters, LIUNA construction craft laborers, plumbers & pipefitters Local 562)

Must reside within the MSD service area, register with SLATE, and complete an application and assessment

For more information contact Charles Williams at (314) 657-3545

May 2 - 31, 2016

US Census Bureau Recruitment Event/Testing Days (field representatives, supervisors)

- 5/9 Thomas Dunn Learning Center 93113 Gasconade, St. Louis, MO 63118
- 5/10 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/11 Velda City (2560 Lucas and Hunt Road, St. Louis, MO 63121)
- 5/12 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/13 Kirkwood Parks 7 Recreation (111 S. Geyer Road, Kirkwood, MO 63122)
- 5/16 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/17 Maplewood Public Library (7550 Lohmeyer Ave., St. Louis MO 63143)
- 5/18 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/19 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/20 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/23 Employment Connections (2838 Market St., Room 4, St. Louis, MO 63103)
- 5/24 West Pine Apartments (4490 W. Pine, St. Louis, MO 63108)
- 5/25 St. Louis Community College – Forest Park (5600 Oakland Ave., St. Louis, MO 63110)
- 5/26 Crestwood Community Center (9245 Whitecliff Park Lane, Room 105, Crestwood, MO 63126)
- 5/27 St. Louis County Library Thornhill Branch (12863 Willowyck Dr., St. Louis MO 63146)
- 5/31 St. Louis County Library Weber Road Branch (4444 Weber Road, St. Louis, MO 63123)

9:30am and 1:30pm

For more information or to schedule a test time contact Chicago.recruiting@census.gov or call 1-866/593-6154

Be sure to include your city, County, and languages(s) that you speak

May 2 – 13, 2016

BJC HealthCare Recruitment Event (cooks food service, catering associates, and dishwashers)

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

9am – 4pm

Prior to attending participants MUST:

- Register with SLATE Missouri Job Center on www.job.mo.gov
- Set up a pre-interview with Special Projects Career Advisor by calling 314/657-3513 or 314/657-3560
- Bring 2 forms of ID, a resume, and 3 written referrals (2 professional and 1 personal)

For more information call 314/657-3513

May 5 and 19, 2016

Volt Workforce Solutions Recruitment Event

Wood River Worknet Center (101 East Edwardsville Road, Ste. 1302, Wood River, IL 62095)

10am – 3pm

For more information call 618/227-3571

May 5, 2016 (weekly)

HireLevel (formely Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Belleville Worknet Center (5419 W. Main St., Belleville, IL 62226)

2pm – 4pm

Candidates are required to pre-register for the event by applying online at www.extrahelpinc.com and

then call 314/241-9675 for additional information. No walkins.

May 6, 2016

St. Charles Community College Job Fair

St. Charles Community College, College Center (4601 Mid Rivers Mall Drive, Cottleville, MO)

9am – 1pm

For more information contact Martha Toeppen at 636/922-8243 or mtoebben@stchas.edu

SSM Healthcare Food Service Recruitment Event (FT/PT dietary workers, cooks, catering assistants)

Covers ALL hospitals in the St. Louis area.

DePaul Hospital – May Center Rooms C & D (12303 DePaul Drive, Bridgeton, MO 63044)

8am – 4pm

For more information www.ssmhealthcareers.com or contact Nezir_Begovic@ssmhc.com or Jeloni_Hall@ssmhc.com

Westaff Recruitment Event (multiple PT/FT positions)

Arnold Missouri Job Center (3675 West Outer Rd., Suite 102, Arnold, MO 63010)

10am – 2pm

For more information call 636/287-8909

May 6 and 7, 2016

Cardinal Ritter Senior Services Job Fair (multiple FT openings)

7601 Watson Road, St. Louis, MO 63119

10am – 3pm

For more information www.cardinalritterseniorservices.org

May 10, 2016

AMI Kids Recruitment Event (Certified ESE Teachers)

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

Interviews scheduled by invitation only.

For more information or to apply go to www.jobs.mo.gov (job order #11741052)

or email resume to Aki Causevic at acausevic@stlworks.com

Parallon Job Fair (patient account rep, bad debt collections)

111 Corporate Office Drive, 2nd Floor, Earth City, MO 63045

4pm – 6pm

Visit www.parallon.com/careers for more information and a detailed description of the open positions.

May 10 and 24, 2016

HireLevel (formerly Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Urban League (8960 Jennings Station Road, St. Louis MO 63136)

9:30am – 11:30am

Candidates are required to pre-register for the event by applying online at www.extrahelpinc.com and then call 314/241-9675 for additional information. No walkins.

HireLevel (formerly Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Florissant Missouri Job Center (4040 Seven Hills, MO 63033)

1pm – 3pm

Candidates are required to pre-register for the event by applying online at www.extrahelpinc.com and then call 314/241-9675 for additional information. No walkins.

May 10, 2016 (weekly)

Hilton St. Louis at the Ballpark Recruitment Event (multiple PT/FT hospitality openings)

1 South Broadway, St. Louis, MO 63102

10am – 11am and 2pm - 3pm

For more information go to www.stlouisballpark.hilton.com or call 314/421-1776

May 11, 2016

Dice Virtual Career Fair (technology professionals)

10am – Noon

For more information or to register for this online virtual event go to <http://www.targetedjobfairs.com>

HireLevel (formerly Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Missouri Job Center of St. Charles (212 Turner Blvd., St. Peters, MO 63376)

10am – Noon

Candidates are required to pre-register for the event by applying online at www.extrahelpinc.com and then call 314/241-9675 for additional information. No walkins.

PF Chang's Recruitment Event (new restaurant locating in St. Charles hiring for all positions)

Missouri Job Center of St. Charles (212 Turner Blvd., St. Peters, MO 63376)

1pm – 3pm

For more information call 636/255-6060

May 11 and 24, 2016

HireLevel (formerly Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Wood River WorkNet Center (101 E. Edwardsville Rd., Wood River, IL 62095)

5/11 10am – Noon

5/24 2pm – 4pm

Candidates are required to pre-register for the event by applying online at www.extrahelpinc.com and then call 314/241-9675 for additional information. No walkins.

May 11, 2016 (weekly)

Whelan Security Walk-in Wednesdays Recruitment Event (security officers)

No appointment necessary. Interviews on-the-spot for qualified candidates.

1699 S. Hanley Road, Suite 125, St. Louis, MO 63144

7:30am – 5pm (every Wednesday)

Apply online at www.greatsecurityofficers.com

For more information call 314/644-1974

Staff Management Interviewing Sessions (warehouse and production associate positions)

Staff Management is scheduling interviews for these positions at

Missouri Job Center – St. Louis County (26 North Oaks Plaza, St. Louis, MO 63121)

8am – Noon (every Wednesday)

Prior to being scheduled for an interview applicant **MUST**:

Apply online at <http://apply.smjobs.com> and use job code s34 or s33 and click start to begin the application stage (DO NOT TAKE SKILLS TEST)

After completing the application stage click RETURN TO JOB APPLICATION HISTORY to schedule an interview on one of the dates listed.

May 12, 2016

Pharma Medica Research Inc. Recruitment Event

(Paramedics, Housekeepers, Study Monitoring Nurses, Medical Screeners, Phlebotomists, Kitchen Assistants and Screening Coordinators)

Missouri Job Center of St. Charles (212 Turner Blvd., St. Peters, MO 63376)

10am – 1pm

For more information call 636/255-6060

Eyecare Career Information Session (frame stylist, lab tech, medical clinic, patient intake specialist, admin support)

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

10am - 11am

Must pre-register for this event at www.jobs.mo.gov

May 12, 17, and 25, 2016

Access Staffing Recruitment Events (warehouse assemblers)

Wood River Worknet Center (101 East Edwardsville Road, Ste. 1302, Wood River, IL 62095)

5/12 10:30am - 12:30pm

5/17 1pm – 3pm

5/25 10:30am - 12:30pm

For more information call 618/433-3421

May 13, 2016

Healthcare Career Orientation Information Session

Come learn about grant-funded training opportunities in multiple healthcare career paths including: nursing, therapies & rehabilitation, laboratory & pharmacy, emergency medicine, health information technology, patient care support, administrative support

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

10am – Noon

For more information contact John B. at 314/657-3530 or jbogdajewicz@stlworks.com

May 13, 2016

Sercio Recruitment Event (2nd shift general clerks)

Missouri Job Center of St. Charles (212 Turner Blvd., St. Peters, MO 63376)

10am – 3pm

Interested job seekers should apply online at www.jobs.serco-na.com prior to attending the recruiting event.

May 16, 2016

Express Employment Professionals Recruitment Event (warehouse, assembly, production, admin positions)

St. Louis County Missouri Career Center (26 North Oaks Plaza, St. Louis, MO 63121)

12:30pm - 3pm

For more information call 314/381-6700

WIS International Recruitment Event (supervisors and inventory associates)

Urban League (8960 Jennings Station Road, St. Louis MO 63136)

9:30am – 11:30am

For more information or to pre-register for an interview contact Hollis Whiting at 3145065306 or hwhiting@urbanleague-stl.org

May 17, 2016

St. Louis Carpenters Joint Apprenticeship Program (CJAP) Career Information Session

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

10am – 11am

For more information contact constructionintake@stlworks.com

May 17, and 31, 2016 (bi-weekly)

Whelan Security Recruitment Event (multiple PT and FT security officer openings, including at Busch Stadium)

STL Workforce Center (2715 Cherokee St., St. Louis, MO 63118)

1pm – 3pm

Prior to the event apply online at www.greatsecurityofficers.com

May 19, 2016

Veterans Hiring Event (open to the general public as well)

American Legion Post 365 (1022 Vandalia St., Collinsville, IL 62234)

9am – Noon

For more information call 618/277-8938

Bethesda Career Fair (multiple home and community based positions)

St. Louis County Missouri Career Center (26 North Oaks Plaza, St. Louis, MO 63121)

10am - 1pm

AND

Arnold Missouri Job Center (3675 W. Outer road, #102, Arnold, MO 63010)

10am – 2pm

For more information contact mdpotts@bethesdahealth.org or apply online at www.bethesdahealth.jobs

May 24, 2016

Unique Personnel Recruitment Event

Wood River Worknet Center (101 East Edwardsville Road, Ste. 1302, Wood River, IL 62095)

10am – 11am

For more information call 618/227-3571

May 25, 2016

JobNews St. Louis Job Fair

Doubletree Westport Hotel (1973 Craigshire Road, St. Louis MO 63146)

10am – 2pm

For more information go to www.jobnewsusa.com/stl/

May 25, 2016

Dice Virtual Career Fair (security clearance professionals)

11am – 2pm

For more information or to register for this online virtual event go to <http://www.targetedjobfairs.com>

June 1, 2016

St. Louis Career Fair

Doubletree Westport Hotel (1973 Craigshire Road, St. Louis MO 63146)

11am – 2pm

For more information go to www.nationalcareerairs.com

Mission of the 126 ARW Airman & Family Readiness Program

Provide readiness programs and proactive education & information designed to foster a state of preparedness of service members and their families that promotes self-reliance and enhances individual and family well-being

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