



126th Airman & Family Readiness

MISCELLANY

June 2016



Kids on Guard



As a reminder, Kids on Guard is less than two weeks away. It is on Tuesday, 14 June, with check-in running from 0700-0800 in building 5010 (Communications building across from static display). This event will take place, rain or shine, so don't worry about it being cancelled. I know it will be another great time for the kids! If you are willing to volunteer to help, I can still use volunteers to help with registration, several stations, set up, gophers and more. Thank you in advance to all the volunteers! You are the ones who make it possible! Please call me if you have any questions @ 618-222-5784 or email travis.e.barker6.civ@mail.mil

2016 CAMP CORRAL 2016 CORRAL - Hosted by the YMCA

Camp Corral, a 501 © (3) tax exempt, non-profit corporation, is a free, one-of-a-kind summer camp experience for children of wounded, injured, disabled or fallen military service members. Although **any child of a military service member or veteran is eligible**, registration priority is given to children of wounded, injured, disabled or fallen military service members. Camp Corral is for children ages 8 to 15. Parent or legal guardian must register the child. Applications will close one month prior to the first day of the given session. Use the below link for information on specific locations:



- 10 - 15 Jul Loma Mar, CA
- 17 - 22 Jul Monticello, IL
- 31 Jul - 5 Aug Niceville, FL
- 7 - 13 Aug Burlington, KY; Greensboro, NC; Front Royal, VA and Gig Harbor, WA
- 14 - 20 Aug North Springfield, PA

To learn more or register, go to: <http://www.campcorral.org/camp-experience/camps/>

Scott AFB Picnic



Make plans to attend the free Force Support Squadron Base Picnic scheduled for June 24 from 11 a.m. to 3 p.m., inside and outside the Scott Event Center (Scott Club). Enjoy free food (pulled pork sandwiches, hot dogs, chicken and more), soft drinks, entertainment and family games/inflatables. Pay a visit to the Diversity Day area and learn about different cultures by enjoying the various demonstrations. All affiliated with the base and their families are invited to attend.

For more information go to <http://375FSS.com>

Airman & Family Readiness Center (A&FRC) Events



All events, unless otherwise noted, are held at the A&FRC and **require registration**. Call 256- 8668 to register or go on-line at www.scottafr.com to learn about other upcoming events, workshops & services

MINI JOB FAIR – 8 JUN, 1000-1300 Join us for a small job fair at the AFRC. Six companies participating: Illinois American Water, NGA, Enterprise, Sam's Club, Flight Safety International, and Trans State Airlines. Please bring your resume. See attached flyer.

FOODIE FRIDAY – 10 JUN, 1100-1300 Cooking classes are a collaboration between Health Promotions (POC), 618-256-7139, and A&FRC.

HEARTS APART (HAP) NIGHT AT THE MOVIES – 10 JUN, 1700-2000 Deployed/geographically separated families can enjoy “The Good Dinosaur” movie at the Library Auditorium; USO will provide food and drink from 1700-1800 and movie starts at 1800.

FEDERAL EMPLOYMENT WORKSHOP– 13 JUN, 0830-1130
This workshop covers 10 Steps to a Federal Job, to include networking, application process, and much more.

BOOTS 2 BUSINESS/ENTREPRENEUR TRAINING – 13-14 JUN, 0830-1600 An introduction to entrepreneurship taught by an SBA Representative; covers principles of accounting, finance, market analysis, planning, business operations, sales.

EFMP/5210 GARDEN COOKING CLASS – 13 JUN, 1700-1900 EFMP Families are invited to come out and enjoy a fun cooking class.

MILLIONAIRE AIRMAN – 14 JUN, 1430-1600 This class covers savings, goals, debt reduction, investing, and strategies in becoming a millionaire.

EFMP SPECIAL OLYMPICS GOLF, TUESDAYS, 1730-1830, CARDINAL CREEK GOLF COURSE
EFMP Special Olympic golf practices held weekly, 7 Jun-2 Aug.

EFMP SPECIAL OLYMPICS SOFTBALL, WEDNESDAYS, 1730-1830, SHILOH WEST COMMUNITY CENTER
EFMP Special Olympic Softball practices held weekly, 1 Jun–27 Jul.

Amazon in Edwardsville



It's not just a rumor any more. Amazon is coming to Edwardsville! The company will bring 1,000 full-time jobs with benefits. Two 700,000 square foot fulfillment centers (warehouses) will be built near the intersection of I-255 and I-270. Full-time employees at Amazon receive competitive hourly wages and a comprehensive benefits package, including healthcare, 401(k) and company stock awards starting on day one, as well as generous maternity and parental leave benefits.

SCOTT AFB
MINI JOB FAIR

NETWORK INTERVIEW GET A JOB

June 8th; 10am—1pm
Airman & Family Readiness Center
404 W. Martin Street, Bldg 1650, Scott AFB, IL

Sam's Club Enterprise
Illinois American Water NGA
Flight Safety International Trans States Airlines

OPEN TO ALL DoD ID Card Holders
AD members, reservist, spouses & Anyone seeking employment opportunities or considering a career change.
Call 618-256-8668 for more info or visit www.scottafr.com for resources.

Veterans and Military Spouses - Amazon Operations and Customer Service runs at internet speed with its fast-paced, challenging and innovative environment. Veterans thrive in our fulfillment network by utilizing problem solving skills to overcome the unexpected. Whether you are leading hundreds of fulfillment associates through daily process improvements or you are in a technical specialist role solving complex problems, you will have the opportunity to make quick assessments, implement plans, and drive them to completion.

Amazon is now hiring for management positions (Operations Managers, Information Technology experts, Facility Operations, Human Resources, etc.) at the Edwardsville fulfillment centers. A search for full-time workers will be announced later. To learn more about working at an Amazon fulfillment center, visit <http://www.workatamazonfulfillment.com>

Summer@IMSA 2016 Metro East Area
Discover the Possibilities with IMSA Summer Enrichment Programs!

Illinois Mathematics & Science Academy MetroEast Field Office is offering three summer programs:

BioSleuths (rising 3rd and 4th graders): June 27 - July 1: Dissect a grasshopper and flower, test how ants respond to stimuli and create an insect soundscape.

CS IMSA (rising 5th and 6th graders): July 11-15: Unravel the science and mathematics behind crime scene clues like finger and footprints, DNA, handwriting, and voice identification while solving a mystery.



Vital Signs (rising 7th and 8th graders): July 25-29: Delve into a biomedical engineering project while applying engineering principles and practices to the structure and function of the human body.

Scholarships are no longer available. Visit www.imsa.edu. Click on the “Extension Programs” tab, then “Summer@IMSA”. Scroll down to “MetroEast Programs”. Click on “Register”

Registration deadline is 6 June. Register online at <https://www.imsa.edu/extensionprograms/Metroeast>. For more information, contact Dawn Waller, 618-791-3855 or dwall@imsa.edu

Separating the next 12 months or Retiring in the next 24 months?



Everyone separating or retiring is required to receive a pre-separation briefing from Airman & Family Readiness. For AGRs, this is done at the 375th A&FRC, for all technicians, DSG, and members deploying for 180 days or longer, this is accomplished by your AFRPM. Beginning June UTA, this pre-separation briefing will be provided every Sunday. For June UTA, it will be in the CES training room beginning at 1300. Please don't wait until the last day of your last drill to try to accomplish this mandatory briefing. It takes 1.5-2 hours to complete the mandatory briefing.

If you are separating within the next 12 months or retiring within the next 24 months, now is the time to schedule your Pre-separation Briefing with Airman and Family Readiness. If you are going to be receiving an

active duty retirement, you cannot apply to retire until you receive your Survivor Benefit Briefing from the Scott AFB Causality Affairs Office. Except for unusual circumstances, this briefing should be scheduled at 9-12 months from your projected retirement date. There is no reason to wait. A member can always decide not to retire, but having the briefing accomplished gives you more time to prepare to transition to civilian life. Unfortunately, the SAFB Casualty Office is only one-deep and it is very difficult to schedule this briefing on short notice.

If you have any questions at all about this requirement or how it applies to your specific situation, please call me at 222-5784 and I'll be happy to answer your questions or clarify requirements.

Back to School Brigade Event



Join Operation Homefront and Scott AFB community partners for a school supply distribution event! Eligible recipients include: Active duty, active and inactive Guard or Reserve members, or all ranks of Post 9/11, ill or injured.

The event is at the Community Center in Patriots Landing on August 6, 2016, from 0900-1300.

USO mobile will be there along with service providers from Scott AFB to meet with families and provide information or answer questions on their child and youth programs.

Registration is not yet open, but will go live on 5 July. To register at that time, go to <http://www.operationhomefront.net> Registration is required. A kit with age appropriate school supplies and a backpack will be provided for each eligible child. Supplies are limited, so be sure to register. If you have questions, contact Travis at 222-5784 or travis.e.barker6.civ@mail.mil

22nd Annual Salute to Scott Picnic

The village of Shiloh, city of O'Fallon, and the O'Fallon-Shiloh Chamber of Commerce invites Team Scott to the 22nd Annual Salute to Scott Picnic on 11 June 16, 11 am – 3 pm in O'Fallon Community Park, 308 E. Fifth St. This event provides a day of free children's activities and food for the Team Scott Community as a visible demonstration of their appreciation and support. Open & Free to those associated with Scott AFB. The traditional highlight of the event is the making of the gigantic banana split in a plastic-lined canoe by SAFB leadership along with O'Fallon and Shiloh community leaders.



Transition Summit

Join us for the
Scott Air Force Base Transition Summit
Empowering the Military Community - Enhancing Veteran Competitiveness

Scott AFB, IL | July 12-13, 2016

Location:
Scott Event Center, 47-51
Ward Dr, Scott AFB, IL
62225

July 12
1:00 PM
Industry Overviews for *Job Seekers*

4:00 PM
Interactive Forums & Panel
Discussions for *Employers and Uniformed Leaders*

5:30 PM
Networking Reception for
Employers, Senior Leaders,
and Job Seekers

July 13
9:00 AM
Workshops, Interactive
Forums & Panel
Discussions for
Job Seekers

1:00 PM
Hiring Fair and Career
Forum

Join us for a free hiring fair and transition summit for Service Members, Veterans, and Military Spouses. This event features key Federal & State agencies, influential military leaders, innovators in the business and employer community, and local community leaders. This summit features participation by and speakers from Scott Air Force Base, the U.S. Department of Veterans Affairs, the U.S. Department of Labor Veterans' Employment and Training Services, U.S. Army's Installation Management Command and Soldier for Life Program, the U.S. Department of Defense's Transition to Veterans Program Office, the U.S. Small Business Administration, the U.S. Chamber of Commerce Foundation's Hiring Our Heroes, and local chambers of commerce.

The two-day Transition Summit will feature informative and interactive panel events, recruiter training, and facilitated discussions focused on improving competitive employment for Service Members, Veterans, and Spouses in addition to a networking reception for employers, senior leaders, and job seekers.

All of the lessons learned will bring together job seekers and employers and culminate in a hiring fair and career forum on July 13th. Sign up now.

For registration questions, please contact us at transitionsummits@uschamber.com or call 202-463-5807.

EMPLOYERS Must Register for FREE at HIRINGOURHEROES.ORG	JOB SEEKERS Register for FREE at HIRINGOURHEROES.ORG to guarantee admission. Walk-ins welcome but space not guaranteed.
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DPH Class – Living Mindfully



We will have "Living Mindfully", staying in the here and now, regardless of the where and when. Ideas to combat worry and stress. 12:00 Sunday in the Maintenance Auditorium. The Yoga class is cancelled due to a scheduling conflict. Presented by: Dr. Julie Chodacki, Public Health Service. Please RSVP to linda.schuh.1@us.af.mil

Volunteer Opportunities



Fisher House Golf Tournament/Dinner Action – June 16 Looking for golfers, auction items, sponsors and volunteers for the upcoming annual golf tournament. The St. Louis Fisher House is an independent non-profit organization which provides a home away from home for military families, free of charge, when a family member is undergoing treatment at Jefferson Barracks or John Cochran Medical Center. It is available to all families with a member that has served/currently serving in any branch of the military. <http://www.fisherhousestlgolf.org>

Contact: Lisa Featherston jfeatherston@att.net

Base Picnic Volunteers – June 24 The 2016 FSS Base Picnic is being hosted at the Scott Event Center, June 24 from 11 a.m. to 3 p.m. We are in need of many volunteers from the Wing to support various parts of the event, including set up and tear down. The annual Base Picnic allows us to proudly showcase our FSS activities and sponsors while providing an opportunity to thank the Scott AFB community for all their support of our programs. If you can come out and support this awesome event, please send an email to 2nd Lt Marcos De Jesus De Jesus with your contact information at marcos.de_jesus_de_jesus@us.af.mil

Youth Summer Volunteer Program - During the summer, most offices and clinics experience understaffing due to leaves, vacations, and deployments. Youth volunteers –in some instances--help fill those voids. The youth volunteer positions range from checking equipment at the gym to filing medical records at the hospital and numerous other positions. The Youth Program volunteers must have access to Scott AFB and be 14 to 18 years old. The positions will be filled on a first come first serve basis. The program will run from June 8 – July 31, 2015. Please contact the Scott AFB Red Cross Office at 618-256-3292 for additional details.

Scott Air Force Base Happenings

Base Pool Now Open! The Fitness Center Pool is now open for the summer season. Join us for FREE recreational swimming all summer long! Daily hours of operation are Monday-Friday, 1 to 6 p.m., and Saturday/Sunday/Holidays, 12:30 to 6:30 p.m. Youth ages 10 & under must be accompanied by an adult 18 years of age and older. All youth, ages 11-14, must pass a swim test in order to come to the pool without an adult. The Fitness Center Pool is open to all DoD card holders and their guests. The pool is also available for your own private pool party. Swim lessons for all ages are also available this year. For complete details, pricing and availability, contact Outdoor Recreation at 256-2067 or visit <http://www.375fss.com/IA/odr/swim>

Read for the Win Summer Reading Program - Take part in the Scott AFB Library's Summer Reading Program, "Read for the Win!" This program offers incentives, story times, special events, a finale party and more! Pre-registration begins the first week of June. This program is open to children of all ages. Adults, we have a program for you too! For every book you read during June and July, you will receive an entry form for a chance to win a prize. Stop by the Scott Library to register! For more information, call 256-5100/3028 or check us out on Facebook, www.facebook.com/ScottAFBLibrary.

Kids Learn to Bowl Clinic - The Stars & Strikes Bowling Center is offering a Learn to Bowl Clinic for children ages 8 - 12. "Learn to Bowl" is an instructional bowling course that will introduce kids to bowling in a fun, social environment. The clinic will include a daily lesson, lunch, snack and some bowling time to practice the lessons each day. Classes will be held Monday – Friday, 11 a.m. to 3 p.m. Cost is \$100 per child. There are two sessions available to choose from...Session 1: June 6 – 10 and Session 2: July 25 - 29. Each session is limited to the first 10 kids, so sign up today. For more information or to register, call 256-4054. For those with a deployed



Air Force Credentialing Opportunities On-Line (AF COOL) Roadshow – Do you know about AF Cool? Join representative from the AF COOL Office at the Scott AFB Library Auditorium on June 6, at 10 a.m. or 1 p.m., to learn about AF funded credentialing opportunities. The AF COOL Program is designed to help airmen identify and complete AFSC mapped licenses and/or certifications, which will help them advance their careers and later compete in the civilian workforce. Funding is available to REGAF enlisted members at the rank of E-3 and above, who possess a 5-skill level in the approved AFSC mapped credential. AFRES and ANG members on

Title 10 or 32 orders are also eligible. Additional leadership and Management credentialing opportunities are available to SNCOs. Up to \$4,500 is available to each airmen, over the course of his/her career. For more information, call the Education Office at 256-3327 or visit the AF COOL website:

<https://www.my.af.mil/afvecprod/afvec/Public/COOL/Default.aspx>

Swim Lessons – Enroll Today - The Outdoor Recreation Aquatic Program is now taking sign-ups for 2016 Swim Lesson Sessions. Session dates are; Session 1: June 13-24, Session 2: July 5-15, and Session 3: July 25-Aug. 5. There is limited room in each session, so register early. Swimmers will be evaluated at the first lesson and placed in the proper lesson level. Lesson fees: \$55/person per session. Lessons held Mon-Thurs. *Youth (ages 5-14): 9 to 9:45 a.m. or 10 to 10:45 a.m., *Parent & child (under 5): 11 to 11:30 a.m., *Adults (15 & older): 11 to 11:45 a.m. For more details, visit www.375fss.com/outdoor_rec.htm

http://www.375fss.com/outdoor_rec.htm , follow us on Facebook or Twitter @ScottODR, or call 256-2067.

Family Child Care Provider Classes, Summer/Fall 2016 - If you live in privatized housing or if you are military affiliated and live off-base and would like to become a licensed FCC Provider, call for more information and to pick up your packet for the next class. Upcoming Class Sessions are June 13-16, Aug. 22-25, Oct. 17-20 and Dec. 5-8. Classes are held from 8 a.m. to 3 p.m. each day at the FCC office, Bldg. 386. To register, contact the FCC Program at 256-8047/8156. Child care for infants, children with special needs, and care during evenings and weekends are in high demand. The FCC office has an extensive lending program that will provide you with everything needed to start such as cribs, strollers, high chairs, swings, crawling mats, games, toys, etc. Provide playmates and companionship for your own children, and add to your family income at the same time. Call today to sign-up!

DMV @ Scott Event Center, June 15 - Need to renew your license plate stickers, but can't make it to the DMV? Catch the Illinois Department of Motor Vehicles mobile unit at the Scott Event Center every 3rd Wednesday of the month from 9:30 a.m. to 3 p.m. This DMV mobile unit offers basic vehicle services, such as driver license renewals (including road tests), ID cards and vehicle registration. The next date the mobile unit is scheduled to appear is June 15, inside the Corporal Scott Room. Stop by or call 256-5501 for more details.

Free Movie @ the Library Auditorium - The Scott AFB Library invites you to come watch a free movie at the Library Auditorium Friday, June 17 at 7 p.m. You don't want to miss seeing the epic action movie Batman V Superman: Dawn of Justice on the big screen! This movie is rated PG-13. Bring your own snacks and enjoy this great movie! For more information, call the Library at 256-5100.

Base-Wide Yard Sale, June 18 - It's Yard Sale time! Sign-up to sell or come take a look around at the next Base Wide Yard Sale on June 18, 8 a.m. to noon, held outside at the ALS Picnic Pavilion. The cost is \$15, which includes one display table, two chairs, set-up/break down of display area... all profits yours. Deadline to sign-up is noon June 17. Reservations can be made over the phone or in person. For more details, follow us on Facebook or Twitter @ScottODR, or call 256-2067. Sponsored in part by Scott Credit Union, Alpine Shop and USAA. No Federal Endorsement of Sponsors Intended.

R4R: Kayak at Kincaid Lake, June 18 - Join the Outdoor Adventure Program (OAP) for a day long kayaking adventure deep in the Shawnee Natural Forest on Saturday June 18. Learn the basics of kayaking while paddling in forested coves, and along tall limestone bluffs. Appropriate attire required, also bring trail lunch, snacks and water. Enjoy dinner after kayaking (your cost). This event qualifies as R4R Initiative – provides exciting outdoor adventures for those in pre/post deployment and their families for a nominal fee, but everyone is welcome. Adventure is open to all (ages 14+). Adventure fee: \$25. R4R Adventure fee: \$15. Buses will depart Outdoor Recreation, Bldg. 3176 at 8 a.m., returning around 6 p.m. Registration required. Anyone under 18 must be accompanied by an adult. For more details, follow us on Facebook or Twitter @ScottODR, or call 256-2067.



Get Your Six Flags Tickets @ ITT - Six Flags St. Louis is open for the season! Hurry in to Information, Tickets & Tours to purchase your season pass for just \$64.80. Or, get-away for the day for just \$38.50 (all ages/under 2 is free). Hurry in to take advantage of this great deal! For more details, follow us on Facebook @375 FSS ITT or call 256-5919.

Help Wanted! Share your talent. The Scott Arts & Crafts Center is looking for instructors in the following subjects: Basic Web Design, Basic App Design, Photography, Candle-making, Wood Carving, Juggling, Watercolor Painting, Precious Metal Clay (PMC), Jewelry Making, Peyote Beaded Jewelry, Ballroom Dance, Salsa Dance, Modern Dance, Winemaking, Wine Selection, Vegetable Canning, Jam & Jelly Making, Italian Cooking, Mexican Cooking, Asian Cooking, Cheese Making, Conversational Spanish and Italian, Blacksmithing, Calligraphy, Pine Needle Basket Weaving, Piano, Harmonica, Cello, Native American Flute, Intro to Music Theory, Voice, Fabric Dying, Batik, Basic Quilting and Leathercraft. Call, visit, or email the Arts & Crafts Center: 256-4230/3868, 375fss.artsandcrafts@us.af.mil. Please share with your friends, family and co-workers.

AF 4-H Camp Opportunities Still Available



Spaces are still available in several upcoming Air Force 4-H Camps for ANG/AFR youth and families. As a reminder, travel costs are the responsibility of the attendee.

Air Force Child and Youth Programs and the 4-H Military Partnership announces the 2016 AF 4-H summer camps for youth and teens of Air Force Active Duty, Air National Guard and/or Air Force Reserve families. Twenty-two residential and day camps in 18 states will provide unique camping experiences and offer a variety of activities to help develop leadership skills, build resiliency, enhance communication, introduce STEM initiatives, foster teamwork, prepare students for college and provide quality 4-H programming.

A listing of all the Air Force 4-H camps and registration details can be found on the 4-H Military Partnerships webpage: http://4-hmilitarypartnerships.org/educator-staff/af-cyp/2016_camps/index.html

The Van Hipp Heroes Scholarship



Through this new scholarship, the National Guard Educational Foundation will provide up to \$1,000 / year higher education scholarships for Guardsmen wounded in OEI, OIF, or OND. We are really excited about this initiative as it will help our Guardsmen for years and years to come.

This year, we are going to award up to ten (10) scholarships. The deadline for application submission is **July 1, 2016**. The application can also be found at: <http://www.ngef.org/the-van-hipp-heroes-scholarship-fund>

3 Keys to Buying a Good Used Car



Content provided courtesy of USAA.

Buying a used car has always been seen as a way to save money. But in today's market, it might cause a bit of sticker shock. Slow sales of new cars in recent years have created a shortage of late-model used cars. "Used car prices continue to trend near record highs," says Eric Lyman, vice president of industry insights for TrueCar.com. "Prices have started to come down, but there's still a greater demand for high-quality used cars than there is supply."

Prices are especially higher for small, fuel-efficient vehicles, Lyman says, so buyers looking for large trucks and SUVs might find better deals. But whatever kind of vehicle you want, buying used can still be a wise move.

"Consumers can get the best deal if they are educated before they get to a dealer's lot," says Steve Thompson, vice president of USAA Bank Consumer Lending. Increase your confidence with online tools. You can compare makes and models, and then target specific cars and check out their histories.

Throughout the buying process, follow these three strategies.

1. Mind your money matters.

- Figure out what you can afford. Consider the cash value of the car you're selling. Calculate any additional down payment. Then determine a monthly payment that fits your budget. USAA financial planners suggest a maximum of five years for car loans.
- Determine market values in your region. Consult websites such as Kelley Blue Book and TrueCar.
- Get an auto insurance quote to help determine the true cost of ownership but note that collision and comprehensive coverage generally costs less for used cars.
- Look for low loan rates.
- Get preapproved. That can help simplify the negotiation process.

2. Find the right fit.

- Prioritize a list of the features you'd like: styling, engine power, cargo space, etc.
- Be flexible. Stay open to two or three models that would meet your needs — and your budget.
- Consider depreciation rates. Different makes in a given class might depreciate at different rates. Give bonus points to a car that tends to hold its value longer, thus costing less in the long run. Research [depreciation ratings](#) using [ALG](#).
- Research your market. Don't wander used-car lots all over town. Websites such as [Cars.com](#) and [Autotrader.com](#) also help you explore local classified ads and dealer inventories.

3. Do your due diligence.

- When you inspect a car, assess the model year, mileage, tire tread, etc., to forecast longevity and maintenance needs. Remember that factory warranties usually transfer.
- Go for a test drive. Hit the highway to properly gauge a car's performance and try all its bells and whistles.
- Run a background check. Services such as Carfax.com can verify ownership history, mileage and accident history.
- Make sure the car has never been salvaged. Enter the vehicle identification number in the National Insurance Crime Bureau's [VINCheck](#).
- If possible, run the car by a trusted mechanic for an under-the-hood inspection.

ARC Teen Council

Teens are being recruited for the Air Reserve Component Teen Council (ARCTC) and applications must be submitted by 24 Jun 16 to the ARCTC POC, Ms. Penny Dale at DSN 969-7251, penny.dale.1.ctr@us.af.mil. The application is located on the Share Point under Organizations>FSS>Airman & Family Readiness or I can email it to you if you can't access Share Point. Selections will be announced 30 Jun.



ST. LOUIS ALL VETERANS JOB FAIR

On Thursday, July 14, 2016, we are hosting the DAV RecruitMilitary St. Louis All Veterans Job Fair. We welcome anyone who has served on active duty, members of the National Guard and reserves, and their spouses. **Chaifetz Arena at St. Louis University** 1 South Compton Avenue St. Louis, MO 63103

Job Fair Registration

- Local, State, and National Companies
- Jobs in Operations, Logistics, Management, Supervision
- 85,000+ job offers to date

[REGISTER NOW](#)

Can't Make the Event?

- Search ALL Hiring Companies Online
- Search the 230,000+ Jobs Posted Online

View the event flyer: [Click here](#)

“A lot of times I wished I could get employers together to see who I am, what I can do, and find out what they're looking for. This career fair did that, and it was awesome! I highly recommend this opportunity to any veterans out there. It's worth it for sure!” — U.S. Marine Veteran

Save this much each month to have \$1m in retirement



I often read article posted by a self-made millionaire named Clark Howard. Years ago, Clark popped up [a chart on his website](#) that showed how a 15-year-old teenager could save just \$2,000 a year for 7 years. And then, *never saving another penny again*, the money would grow to be \$1,000,000 at 65 thanks to [the magic of compounding](#). If you want to have \$1 million in

savings by the time you retire, here's how much you need to save each month...read more at <http://www.clarkhoward.com/how-much-to-save-millionaire-retirement>

Jet Through Airport Security



From Military OneSource – Flying for summer vacation this year? Everyone has heard about the long lines waiting for TSA Security Screening at airports. Stop shuffling through airport security in your socks. The Transportation Security Administration's [TSA Precheck Program](#) lets service members enjoy expedited screenings at many airports nationwide. Family members ages 12 and under can join their parent in the Precheck line and keep their shoes on, too!

Military OneSource



This week, I had the pleasure of meeting with Lt Col Hinshton, Director of Outreach and Digital Services for Military Community and Family Policy. She is traveling from base to base to learn more from those who use Military One Source and to provide information of what's coming next for this phenomenal resource. In the next few pages, I'm highlighting some of those programs. Please, whether you've used it before or never checked it out, visit the site @ <http://militaryonesource.mil> or call 800-342-9647 and talk to one of their consultants. You will be amazed at the information, education and resources available to you and your family members...for free!

 **Articles**
Viewable articles within Military OneSource

 **Audio and Video**
Downloadable mp3 and wmv files

 **Booklets**
Orderable booklets, brochures or handbooks, as well as downloadable pdf files

 **CDs and DVDs**
Orderable CDs and DVDs, as well as downloadable mp3 or wmv files

 **Military Life Topic**
Main topic pages within Military OneSource

 **Online Learning and Tutorials**
YouTube and online self-paced learning modules

 **Resource Guides**
Downloadable pdf guides, checklists or handbooks

 **Toolkits**
Orderable toolkits or organizers, as well as downloadable pdf files

Pop a topic in the search bar and you'll be presented with a list of topics. In addition, there are audio/video files, booklets, CD/DVDs, Online Learning, Resource Guides and toolkits. It's all free to you. Most areas (70%) do not require any personal information to access, but obviously, for any counseling services, some information is required.

Many people wait too long to utilize the services – be proactive, call, chat, or get referrals when your situation is still in control. Often times, people think they don't really have any problems, big enough to use MOS anyway. No matter how small, call. For example, you may not have time to see a counselor or wouldn't know what to do with the kids. It's 11 at night and you can't sleep – call. Had a fight with a significant other and don't know what to do, call. Just got to a new area and don't know what they have to do for your age group. Call and they'll put together information personalized for you.

Here's a few of the specialty programs from MOS:

Military OneSource Specialty Consultation: Spouse Relocation and Transition. Highlights:

Military OneSource can help military spouses every step of the way, whether PCSing, or transitioning out of the military. Consultants assist spouses by:

- Creating an individualized action plan and identifying resources that may include information on housing, child care, education, work life referrals, health and wellness coaching, non-medical counseling services and more.
- Providing an ongoing relationship with specific consultant, with regularly scheduled follow-ups
- Offering specialty consultations by telephone and online
- They'll even assist during a divorce, up until the divorce is finalized
-

Military OneSource Offers Peer-to-Peer Support

Background

Talk to someone who gets it — Military OneSource has expanded confidential services for service members and their spouses by adding peer-to-peer specialty consultations. Peer consultants are veterans and spouses who have experienced military life and understand its unique challenges.

Highlights

Military life is full of exciting and challenging times, and Military OneSource is here to listen. Talk to someone who understands what you're going through. Get confidential support from people like you — veterans and military spouses — through Military OneSource peer-to-peer specialty consultations.

Here's what you need to know:

- All Military OneSource peer-to-peer consultants have experienced military life firsthand and have a master's degree in psychology or a social science field as well as specialized peer training.
- Service members, and their spouses, are eligible to receive confidential peer-to-peer specialty consultations up to 180 days after separation from the military.
- Schedule your free, confidential peer-to-peer specialty consultation by calling Military OneSource anytime at 800-342-9647.
- Using Military OneSource confidential services will not negatively affect your career or your spouse's career.

Military OneSource Specialty Consultations: Highlights:

Military OneSource offers specialty consultations for the following categories: adoption, adult disability care, education, elder care, health and wellness coaching, peer-to-peer, special needs, wounded warrior, and as mentioned, spouse relocation and transition.

- **Adoption**

Military OneSource consultants can help begin the adoption process, locate military-related financial assistance and identify agencies that can help service members with their specific adoption needs. Consultants will also provide adoption agency information, support groups and general literature on adoption.

- **Adult disability care**

Military OneSource consultations can connect service members with information and resources related to adult disability care. A work-life specialist will provide one-on-one sessions that include research and referrals for any services or programs specific to their needs. Consultants can also provide information on in-home care, housing, handicap accessibility resources, adult day care programs and financial assistance for durable medical equipment (wheelchairs, helmets, walkers, etc.).

- **Education**

Education consultations include research and referrals for services or programs specific to service members' educational needs. Consultants provide members with referrals to in-home tutors and tutoring centers in the area, as well as public and private school information, college profiles based on desired degree and specific requests, financial assistance, and scholarship and grant program referrals.

- **Elder care**

If service members are caring for an elder, Military OneSource consultants can provide support by connecting their loved one with senior resources in their community. Consultants will also provide guidance on what to consider before parents or older relatives need long-term care.

- **Health and wellness coaching**

Health and wellness coaching services are available by phone, and via secure online chats and live video sessions to help support service members and their families in achieving their health and wellness goals. A coach can work with a member and focus on different areas of his or her wellness that include weight management, fitness and nutrition, stress management, life transitions and more.

- **Peer-to-peer**

Peer-to-peer support consultants are available by telephone to talk with service members and spouses. All peer-to-peer support consultants are veterans, current members of the National Guard or reserves, or military spouses. Peer-to-peer support consultants possess the experience, knowledge, training, tools and resources to assist with referrals to meet identified needs.

- **Special needs**

Military OneSource special needs consultations can assist families in addressing questions and concerns regarding the care and education of a family member with special needs — both children and adults. Whether they are concerned about the special education cycle or finding information about specialized doctors, Military OneSource consultants can assist them with any non-medical concern.

- **Wounded warrior**

Wounded warrior specialty consultation services provide immediate assistance to wounded, ill, injured and recovering service members and their families, as well as wounded warrior caregivers. Specialty consultants can assist with health care, facilities or benefit information, and can work with the services' wounded warrior programs and Department of Veterans Affairs to promptly connect callers to resources that meet their needs.

- **Spouse relocation and transition**

Spouse relocation and transition specialty consultants help military spouses navigate moving and transition-related challenges. These consultations are particularly ideal for spouses who are unable to attend classes or workshops, or need scheduling flexibility. Consultants create individualized action plans and identify resources that may include information on housing, child care, education, work-life referrals, health and wellness coaching, non-medical counseling services and more.



Additional information

To schedule a specialty consultation appointment, eligible individuals can call Military OneSource at 800-342-9647. Triage consultants are available 24/7.

Additional information on specialty consultation services is located on the Military OneSource website at <http://www.militaryonesource.mil>. Hover over Confidential Help and click on the various links under the Specialty Consultations heading.



Military OneSource is provided by the Department of Defense for free to active-duty, National Guard and reserve service members (regardless of activation status), their families and survivors. It is a virtual extension of installation services.



For those of us who embrace technology and all the social media platforms, good news. You can connect with the internet's top social media platforms. MOS knows you're busy, and you might not have time to read everything on Military OneSource. Follow us on Tumblr for the perfect collection of popular topics in the military community. It's just a little life hack from us to you



June List of Job Fairs, Recruitment Events, and Business Expos

Throughout the Month of June

MSD BUD Pre-Apprenticeship Training Program Registration

A 5-week pre-apprenticeship training for individuals interested in pursuing a career in sewer occupations. (Includes the following MSD-related trades: heavy equipment, carpenters, LIUNA construction craft laborers, plumbers & pipefitters Local 562)

Must reside within the MSD service area, register with SLATE, and complete an application and assessment
For more information contact Charles Williams at (314) 657-3545

June 13, 2016

Axcess Staffing Recruitment Event

Madison County Employment & Training (101 East Edwardsville Rd., Ste. 102, Wood River, IL)
10:30am – 12:30pm

For more information go to www.axcessstaffing.com

Staff Management Interviewing Sessions (warehouse and production associate positions)

Staff Management is scheduling interviews for these positions at
Missouri Job Center – St. Louis County (26 North Oaks Plaza, St. Louis, MO 63121)
8am – Noon (every Wednesday)

Prior to being scheduled for an interview applicant **MUST**:

Apply online at <http://apply.smjobs.com> and use job code s34 or s33 and click start to begin the application stage (DO NOT TAKE SKILLS TEST)

After completing the application stage click RETURN TO JOB APPLICATION HISTORY to schedule an interview on one of the dates listed.

June 9, 2016

Advanced Manufacturing Pre-Apprenticeship Training Orientation Sessions

St. Louis County Missouri Career Center (26 North Oaks Plaza, St. Louis, MO 63121)
10am – 11:30am

For more information contact John Bowman at jb Bowman.uawletc@gmail.com or 314/731-2800

June 2, 16, and 30, 2016

Volt Workforce Solutions Recruitment Event

Wood River Worknet Center (101 East Edwardsville Road, Ste. 1302, Wood River, IL 62095)
10am – 3pm

For more information call 618/227-3571

June 10, 2016

US Census Bureau Recruitment Event/Testing Days (field representatives, supervisors)

6/10 STL Workforce Center – Prince Hall (4411 Newstead, St. Louis, MO 63115)
6/10 NAACP (4611 Delmar, St. Louis, MO 63108)

9:30am and 1:30pm

For more information or to schedule a test time contact Chicago.recruiting@census.gov or call 1-866/593-6154

Be sure to include your city, County, and languages(s) that you speak

June 4, 2016

East St. Louis School District Teachers Job Fair

East St Louis Sr. High School 4901 State St. E. St. Louis, IL 62205

9am - Noon

Register online@www.estl189.com

Bring resume, proof of Teacher License, or Proof of Eligibility of Teacher Licensure

For more information contact Human Resources Dept. at 618/616-3000 or hr@estl189.com

June 6 and 21, 2016

HireLevel (formerly Extra Help) Recruitment Event (General Clerical Support, General Laborers)

Madison County Employment & Training (101 East Edwardsville Rd., Ste. 102, Wood River, IL 62095)

2pm – 4pm

Candidates are required to pre-register for the event by applying online at www.hirelevel.com and then call 314/241-9675 for additional information. No walkins.

June 6 and 23, 2016

Axcess Staffing Recruitment Event

Belleville WorkNet Center (4519 W. Main St., Belleville, IL 62226)

9am - Noon

For more information go to www.axcessstaffing.com

June 7, 2016

Express Employment Services Recruitment Event (production and warehouse positions)

Missouri Job Center of St. Charles (212 Turner Blvd., St. Peters, MO 63376)

10am – 1pm

For more information call 636/255-6060

June 7 and 21, 2016

Unique Personnel Solutions Recruitment Event

Madison County Employment & Training (101 East Edwardsville Rd., Ste. 102, Wood River, IL 62095)

10am – Noon

For more information go to www.axcessstaffing.com

June 7 and 23, 2016

Axcess Staffing Recruitment Event

Madison County Employment & Training (101 East Edwardsville Rd., Ste. 102, Wood River, IL 62095)

1pm – 3pm

For more information go to www.axcessstaffing.com

June 8, 2016

Charter Communication Job Fair (outside sales reps)

Drury Hotel (1118 Central Park Drive, O'Fallon, IL 62269)

1pm – 5pm

For more information or to apply online go to www.Charter.com/careers

United Fulfillment Solutions Recruitment Event (variety of PT and FT openings)

Arnold Job Center (3675 West Outer Rd., #102, Arnold, MO 63010)

10am – 2pm

For more information call 636/287-8909

June 8 - 10, 2016 (weekly)

Rally's and Checkers Restaurants Job Fairs/Open Interviews (team members, shift mgrs., asst. mgrs., gen. mgrs.)

Rally's (10004 Halls Ferry Road, St Louis, MO 63136)

3pm – 5pm

Prior to attending all must apply online at www.work4rallys.com

For more information contact Tamika Williams at 314/326-7037 or WilliamsT@checkers.com

June 9, 2016

St. Louis Career Fair

Doubletree Westport Hotel (1973 Craigshire Road, St. Louis MO 63146)

11am – 2pm

For more information go to <https://choicecareerfairs.com/e/st.-louis-career-fair-june-9-2016>

June 9 and 21, 2016

Axcess Staffing Recruitment Event

Belleville WorkNet Center (4519 W. Main St., Belleville, IL 62226)

1pm – 4pm

For more information go to www.axcessstaffing.com

June 9 and 23, 2016

St. Louis Carpenter's Pre-Apprenticeship Seminar

Develop skills for a career and earn a wage while you learn

St. Louis County Missouri Career Center (26 North Oaks Plaza, St. Louis, MO 63121)

10am – Noon

Must register with Missouri Job Centers prior to the event or online at www.jobs.mo.gov

For more information contact nelder@fwca-stl.com

June 10, 2016

Healthcare Career Orientation (nursing, therapists, lab & pharmacy, EMT, health info tech, patient care support, admin support)

SLATE Missouri Job Center (1520 Market St., St. Louis, MO 63103)

10:30am – 11:30am

For more information call 314/657-3570

Employment Connection Mini Job Fair

Employment Connection (2838 Market Street, St. Louis, MO 63103)

10am – 1pm

Prior to the event job seekers must go to Employment Connection to register by 6/3/16

For more information contact Jason Crane at 314/3335621 or cranej@employmentstl.org

Human Resource Staffing (light industrial, clerical positions)

St. Louis County American Career Center (26 North Oaks Plaza, St. Louis, MO 63121)

1pm – 3:30pm

Prior to attending the event, applicants **MUST** do the following:

- Applicants **MUST** have an *active* registration with the career center prior to attending this event
- Paper Applications will be provided on site
- 2 forms of Identification must be provided to interview

For more information call 314/589-8000

June 13, 2016

Weststaff Recruitment Event (machine operator, picker/packer, warehouse, inspectors, production, assembly)

Arnold Job Center (3675 West Outer Rd., #102, Arnold, MO 63010)

10am – 2pm

For more information call 636/287-8909

June 14 and 18, 2016

Nursing Career Fair

Places for People Recovery Center (4120 Lindell Blvd., St. Louis, MO 63108)

6/14 4:30pm – 6pm

6/18 9am – 11am

For more information contact Nicki at 314/565-5600 x281 or humanresources@placesforpeople.org

June 14 and 28, 2016 (bi-weekly)

Clarkson Eyecare Recruitment Event (line workers)

Clarkson Lab (505 Route 66 Business Park, Pacific, MO 63069)

4pm – 7pm

For more information

Charter Communication Job Fair (outside sales reps)

Charter Communications Office (6524 Manchester Ave., St. Louis, MO 63139)

1pm – 6pm

For more information or to apply online go to www.Charter.com/careers

June 16, 2016

Crown Service Recruitment Event

St. Louis County Missouri Career Center (26 North Oaks Plaza, St. Louis, MO 63121)

10am – Noon

For more information call 314/381-6700

June 18, 2016

Clean-Tech Job Fair

Maritz Corporate Office – Lobby Floor (1400 south Highway Drive, Fenton, MO 63026)

9am – 1pm

Prior to the event apply online at www.cleantechcompany.com/careers/

June 23, 2016

St. Louis Job Fair

Doubletree Westport Hotel (1973 Craigshire Road, St. Louis MO 63146)

9am – 12:30pm

For more information go to <https://www.hirelive.com/fair/1009/MO/st-louis/June/23/2016>

June 27, 2016

10th Annual Congressional Career Fair

Harris-Stowe State University, Emerson Physical Ed & Performing Arts Center (3023 Laclede, St. Louis, MO 63103) 9:30am – 2:30pm

For more information nor to register contact Grain Williams at 314367-1970

Take a Look at the 126 ARW SharePoint



126 ARW SharePoint

Information from the Airman & Family Readiness office is posted on the 126 ARW SharePoint. For those with access, you can find past issues of Miscellany, Helpful Guides, and listings of beneficial websites. Everything is available at: <https://126main.ang.ds.af.mil/sites/main/Orgs/fss/Functional%20Areas/Airman%20and%20Family%20Readiness.aspx> Check it out!

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