



Illinois Military Service Member & Family Resource Guide



Casualty Resources:

American Red Cross: Casualty Travel Assistance Program (CTAP) provides travel assistance for two immediate family members to attend a memorial or funeral service for a service member killed on active duty in the combat zone. The assistance includes roundtrip airfare, lodging and food. Program specific details and local Red Cross chapter contact information can be found by following this link <http://www.redcross.org/>.

Military Homefront: The Department of Defense strives to support the families of wounded or deceased service members by providing them with accurate and compassionate services through the Casualty Assistance Program (CAP). The CAP covers a wide spectrum of services ranging from supporting severely injured service members who are working to regain a level of normalcy in their lives to assisting family members of deceased, unaccounted for, or missing service members with final arrangements and with understanding and accessing certain benefits and entitlements. Military Homefront CAP web-link is <http://www.militaryhomefront.dod.mil/tf/casualtyassistance>.

Military OneSource: Military OneSource is a Department of Defense program which provides seamless, centralized support, 24/7 for all service members and their families. Targeted information is available for injured service members and their families on such topics and resources associated with the following categories; independent living, living with a disability, military benefits, severely injured service members and specific disabilities. Military OneSource is available 24/7 via telephone at (800) 342-9647 or visit the website at <http://www.militaryonesource.com>

National Resource Directory: provides wounded, ill and injured Service Members, Veterans, their families, and those who support them with a Web-based directory of valuable nation-wide and local state resource information. The National Resource Directory can be accessed through the following link, <https://www.nationalresourcedirectory.org>.

Wounded Warrior Resource Center: The DoD Wounded Warrior Resource Center, operated through a partnership with Military OneSource, provides injured service members and their families with information and assistance for concerns or difficulties experienced during the recovery process. Service members and their families can call the Wounded Warrior Resource Center anytime at (800) 342-9647 or visit the website at <http://www.woundedwarriorresourcecenter.com/>.

Childcare Resources:

Illinois Network of Child Care Resource & Referral Agencies (INCCRRA): INCCRRA helps families in IL to locate quality, convenient, and affordable child care throughout the state. To find child care or financial assistance for care in your area, call: (877) 202-4453 or visit www.inccrra.org to learn more.

Military OneSource: MOS offers a user-friendly local area child care locator on their website www.militaryonesource.com. As well as, information on a variety of topics related to child care. MOS is available 24/7 to answer any question you may via telephone at (800) 342-9647 or at the above reference website

National Guard Child Care Program (NGCCP): Advocates at NGCCP assist families of service members on orders activated, deployed, Active Guard and Reserve, etc. to understand the available supplements, and to help them through the DoD Child Care subsidy application process. NGCCP advocates can be contacted by calling (888) 642-2799.

Operation: Military Child Care (OMCC): OMCC is an initiative sponsored by the DoD, the National Child Care Resource & Referral Agencies (NCCRRA), and the Child Care Resource and Referral Network (CCRRN) to support the child care needs of military parents who are activated/deployed in support of the Global War on Terrorism. This program provides child care subsidies to qualified individuals. The military member, spouse, or legal guardian will need to contact Child Care Aware (800) 424-2246 or via the Web at www.childcareaware.org.

Child & Youth Services:

American Red Cross: Offers baby-sitting classes and water life saving classes, for information about classes available in your local area contact your local Red Cross chapter. Local Red Cross chapter contact information can be found by following this link <http://www.redcross.org/>.

IL National Guard State Youth Coordinator: The State Youth Coordinator is responsible for providing support to military youth and youth groups. The SYC provides training, materials and support for the Military Kids Stand Ready program. Responsible for the training of all IL National Guard youth group volunteers and provides military youth event programs, for more information please contact the IL NG Family Program office at (217) 761-3639.

IL Joint Family Support Assistance Program - Child & Youth Consultant (CYC): The CYC provides outreach to military families with children to assess their needs and to offer parenting and child development education, counseling and referrals to other helping agencies. The CYC provides educational presentations; focusing on the specific needs of children and youth, at FRG meetings, mobilization briefing and other venues as appropriate. The CYC builds relationships with the Illinois education communities to

support the unique needs of military children. You can contact the CYC during normal office hours at 217-761-3446

Operation Military Kids: OMK is the U.S. Army's collaborative effort with America's communities to support the children and youth impacted by deployment. Through a network of community partners, OMK provides youth program opportunities; such as summer camps for school age, middle school and teenaged youth and connects them to support resources where they live. To learn more about OMK in IL call (217) 265-8209 or visit the IL-OMK webpage

<http://www.operationmilitarykids.org/public/statePOCHome.aspx?state=Illinois>.

Our Military Kids: Is a non-profit organization which provides grants that pay for children's activities. The program is available to support the children of deployed National Guard and Reserve personnel as well as to children of severely injured service members through grants for enrichment activities and tutoring. To learn more about the program or to apply for a grant visit their website, <http://www.ourmilitarykids.org/>.

Crisis Referral & Intervention:

Gateway Alcohol & Drug Rehab: Services available for adult & youth (13-17). Treatment is provided both on an outpatient & residential basis. Gateway has a 24 hour helpline 877-321-RECOVER or further information is provided on their website www.recovergateway.org.

Homeless Veteran Assistance: VA Services (Healthcare (In & Outpatient), Domiciliary Care, Readjustment Counseling Outreach, Benefits & Entitlements, Property Sales) contact the VA at 1-800-827-1000 or on their website at <http://www.va.gov/homeless>.

Illinois Domestic Abuse Hotline: 1-877-863-6338, National 24hr Bilingual 1-800-799-7233

Illinois National Guard Sexual Assault Response Coordinator: Available via telephone at 217-761-3085 during work hours and after hours at 217-299-9407.

Illinois State Child Abuse Hotline: 1-800-252-2873

Military OneSource: MOS is the ultimate single point of contact for resource and referral service. Consultants at MOS have access to a vast resource database on federal, state & local resources. Call MOS at (800) 342-9647.

National Suicide Hotline: 1-800-273-TALK (8255) press 1 for veterans

State Coalition Against Domestic Violence: Help is available to callers 24 hours a day, 365 days a year. Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands. Assistance is available

in English and Spanish with access to more than 170 languages through interpreter services. If you or someone you know is frightened about something in your relationship, please call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or TTY 1-800-787-3224.

Vulnerable Adult Abuse Hotline: 1-800-252-8966

Educational Resources:

American Red Cross: Offers classes regularly in First Aid, CPR and Pet First Aid Classes, for information about classes available in your local area contact your local Red Cross chapter. Local Red Cross chapter contact information can be found by following this link <http://www.redcross.org/> .

Military OneSource: MOS provides specialty consultations on matters related to higher education pursuits. Their website has a variety of education resource information available; as well as k-12 and college locator tools. Contact MOS at (800) 342-9647 or to view the wide variety of education resources at www.militaryonesource.com.

Student Online Achievement Resources (SOAR): The SOAR website (www.SoarAtHome.org) provides parents with access to educational resources to support their child's math and reading skill development. This program is designed to help military families transitioning into new schools. The program serves both the military families and the school districts that serve them, along with the civilian students in the same classroom. SOAR is a partnership of educational leaders that aims to address the unique challenges facing military children in our nation's public schools, while benefiting the overall student population.

Illinois Student Assistance Commission (ISAC): ISAC provides assistance and information to IL Service Members and Veterans. The ISAC Outreach Program Coordinator is Janetta Clemons. Her contact information is as follows: address, Division of Public Service 500 W Monroe 3rd Floor Springfield, IL 62704-1876, e-mail, jclemons@isac.org, work phone, 217-785-9280, Cell phone, 217-685-0235, Fax, 217-785-5647, website, www.collegezone.com.

www.studentveterans.org- peer to peer networking/support groups for Veterans nationwide, several local groups are in place at Illinois campuses

Emergency Relief Services:

American Red Cross: Families experiencing damage from any of the following: fire, floods, tornados can receive assistance from their local Red Cross chapter. Help comes in the form of temporary shelter, food and clothing. Local Red Cross chapter contact information can be found by following this link <http://www.redcross.org/> .

Illinois Military Family Relief Fund (IMFRF): The IMFRF provides monetary grants to families of Illinois National Guard members and Illinois residents serving in the U.S. Armed Forces Reserve components who were called to active duty as a result of the September 11, 2001 terrorist attacks. IMFRF grants (Status based = \$500.00 & Needs based = \$2000.00 maximum) are intended to help service members and their families defray the costs of food, housing, utilities, medical services, and other expenses that become difficult to afford when a wage-earner has temporarily left civilian employment to be placed on active military duty. To learn how to apply call (217) 761-3452 or visit <http://www.il.ngb.army.mil/>.

USO of Illinois: The Illinois AMVETS USO Emergency Relief Fund is available to provide needed services to military families who are facing unforeseen difficulty in their daily lives. The amount of relief will be determined on a case by case basis. Service members and their Families can apply on-line at <http://affiliates.uso.org/illinois/default.cfm?contentid=113>.

VFW of Illinois: Website: www.vfwil.org, Phone: 217-529-6688 IL VFW programs include: Operation Uplink offers free phone calls for active duty and hospitalized Service Members. The VFW have a cash grant Military Assistance programs for emergency situations. VFW members participate in morale boosting activities, send offs, homecomings. Website: www.vfwil.org, Phone: 217-529-6688

Employment Resources:

Illinois Department of Employment Security: www.ides.state.il.us each office has at least one veteran's employment representative a fellow veteran who is a specialist in finding job opportunities in your area. 1-800-367-4382

One Source Workforce & Career Information www.illinoisworknet.com
Register online job matching system www.illinoisskillsmatch.com

Employment Support for Guard and Reserve: www.esgr.mil ESGR Tom Murgatroyd
Executive Director Illinois Committee 1301 N MacArthur Blvd Springfield IL, 62702-2399 tom.murgatroyd@us.army.mil P: 217-761-3642 C: 217-494-1578

www.vetjobs.com

Sears Holdings Company: 333 Beverly Road A4-144A Hoffman Estates, IL 60179 POC Phillip Dana Manager Talent Acquisition Military & Diversity P 847-266-8416 C: 224-558-3310 E: pdana2@searshc.com [linkedin.com/in/militarytalent](https://www.linkedin.com/in/militarytalent)

On the Job Training Programs and Apprenticeship Training www.state.il.us/agency/dva
833 S Spring PO Box 19432 Springfield, IL 62794 217-782-7839 or James R. Thompson Center 100 W Randolph, Suite 4-650 Chicago, IL 60601-3219 312-814-2460

Job Center of Lake County Illinois WorkNet Center 1 N Genesess St 1st floor Waukegan, IL 60085 847-377-3450

Grayslake Job Center 800 Lancer Ln Grayslake IL 60030 847-543-7400 ext 3
www.lakescountyjobcenter.com

Military Spouse Career Advancement Accounts: Spouse Employment 1-800-342-9647
www.MilitaryOneSource.com Available 24/7

America's Job Bank: America's Job Bank (AJB) is a component of the One-Stop Career Center network. Here you can post job listings, create customized job orders, and search resumes to find veterans highly trained in all types of skills. <http://www.ajb.org>

Army Career & Alumni Program: The Army Career & Alumni program helps soldiers prepare for the future. To list job opportunities for soldiers retiring or leaving the Army contact <http://www.acap.army.mil>. To list jobs opportunities for severely wounded or injured soldiers from the War on Terror contact <http://www.ds3connection.army.mil>.

HireVetsFirst: The HireVetsFirst website will direct you to one of more than 2,000 one-Stop Career Centers nationwide. While you're there, watch a video about how easy it is to hire veterans. Log on to www.HireVetsFirst.gov and click Hire A Veteran Now! Enter your zip code and the One-Stop Career Center nearest you will come up. Call the number listed and ask for Local Veterans Outreach Program specialist or Disabled Veterans Outreach Program specialist. They will be ready to assist you in making connections with highly trained veterans. <http://www.HireVetsFirst.gov>

Military Spouse Job Search: Military Spouse JobSearch is designed to enhance the employment opportunities for spouses of US Military members with employers committed to hiring military spouses and to connect employers with a talented, global, diverse work force. <http://www.militaryspousejobsearch.org/msjs/app>

USAJOBS: USAJOBS, created by the U.S. Office of Personnel Management, is the official job site of the Federal Government. You can create and post job listings for positions with the Federal Government as well as search for veterans. <http://www.usajobs.opm.gov>

Financial Assistance & Money Matters:

Army Emergency Relief - AER is a private nonprofit organization incorporated in 1942 by the Secretary of War and the Army Chief of Staff. AER's sole mission is to help soldiers and their dependents. **AER is the Army's own emergency** financial assistance organization and is dedicated to "Helping the Army Take Care of Its Own". AER provides commanders a valuable asset in accomplishing their basic command responsibility for the morale and welfare of soldiers. AER funds are made available to commanders having AER Sections to provide emergency financial assistance to soldiers - active & retired - and their dependents when there is a valid need. AER funds made

available to commanders are not limited and are constrained only by the requirement of valid need. Major commands and their installation/organization commanders through AER sections and other related organizations conduct the AER assistance program within the Army structure. <http://www.aerhq.org/>

Navy/Marine Corps Relief Society - The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs. <http://www.nmcers.org/index.html>

Air Force Aid Society - The AIR FORCE AID SOCIETY (AFAS) is the official charity of the U.S. Air Force. It promotes the Air Force mission by helping "to relieve distress of Air Force members and their families and assisting them to finance their education. <http://www.afas.org/index.htm>

Military OneSource: Financial Counselors at MOS can help Service Members and their Families with a variety of issues from debt management to financial planning. Call 1-800-342-9647 or on-line at www.MilitaryOneSource.com. Available 24/7/365.

Illinois Military Family Relief Fund (IMFRF): The IMFRF provides monetary grants to families of Illinois National Guard members and Illinois residents serving in the U.S. Armed Forces Reserve components who were called to active duty as a result of the September 11, 2001 terrorist attacks. IMFRF grants (Status based = \$500.00 & Needs based = \$2000.00 maximum) are intended to help service members and their families defray the costs of food, housing, utilities, medical services, and other expenses that become difficult to afford when a wage-earner has temporarily left civilian employment to be placed on active military duty. To learn how to apply call (217) 761-3452 or visit <http://www.il.ngb.army.mil/>.

ReserveAid: This 501-C3 offers financial assistance in the form of grants to members of the Reserves and National Guard. For more information or to complete an application on-line at www.reserveaid.org.

USO of Illinois: The Illinois AMVETS USO Emergency Relief Fund is available to provide needed services to military families who are facing unforeseen difficulty in their daily lives. The amount of relief will be determined on a case by case basis. Service members and their Families can apply on-line at <http://affiliates.uso.org/illinois/default.cfm?contentid=113>.

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Military/Veteran Affiliated Service Organizations:

VFW of Illinois vfwil@vfwil.org 217-529-6688 Springfield IL VFW operation uplink
Free phone time for active duty and hospitalized troops, Military Assistance programs
Morale boosting activities send offs homecoming and Emergency Financial Assistance
for Military Families www.vfw.org/military

AMVETS Veteran Service officers – help in applying for VA claims and vet benefits
Jose Garcia National Service Officer 312-980-4256 Chicago
Michael Ragusa Lead VSO Scott AFB/ Springfield 309-235-5090
Mary White Hines Hospital 708-202-2564
Robert Dartt Danville VA 217-554-4838
Harold Dukala North Chicago VA 847-688-1900 ext 84138
Rob Hookham Marion VA 618-997-5311 ext 54743
George Sebastian Peoria VA/Joliet 217-494-1454
Joel Thompson Auburn Gresham Clinic Chicago 773-651-7459

Recreation Resources:

Morale, Welfare, and Recreation: Military Recreation Web Sites

- Army MWR <http://www.armymwr.com>
- Marine Corps Community Services www.usmc-mccs.org
- Navy MWR <http://www.mwr.navy.mil>
- Air Force Services www.usafservices.com

Our Military Kids: A 501-C3 that offers grants of up to \$500.00 to children of
deployed National Guard and Reserve members to pursue extra-curricular activities.
The grant is available to children in grades k-12. To apply on-line at
www.ourmilitarykid.org.

www.uso.org/illinois USO of Illinois 333S Walnut Ave 16th Floor Chicago, IL 60604
P:312-822-6699 F: 312-822-2574 ggephartuso@attglobal.net Alison Ruble
Community and Entertainment Director 773-350-4336 Anthony Enrietto CEO 312-
822-6699

Service Member & Family Support Network (Military):

American Red Cross: Offers free Emergency communication to service members
currently deployed overseas. Recently the Red Cross rolled out a new class for Service
Members and their Families titled “Coping with Deployment - Psychological First Aid
Class” (both adult & child components) beginning at local chapters throughout the state
in Summer 2009. Finally, the Red Cross can link Service Members and their Families

with emergency financial assistance. Local Red Cross chapter contact information can be found by following this link <http://www.redcross.org/> .

Scott Airbase- Airman & Family Readiness Center 404 W Martin St Bldg 1650 Scott AFB, IL 62225 P: 618-256-8668 DSN 576-8668 F: 618-256-6766 E: Brenda.Wells-02@scott.af.mil POC: Brenda Wells Community Readiness Consultant 1 free oil change, fri or sat per month childcare morale calls military saves

Army Community Service Rock Island Arsenal Building 110 1st Floor Southeast corner 309-782-8829 F 309-782-0817 ROCK-ACS@conus.army.mil
www.riamwr.com/acsnew.htm Department of the Army, Army Community Service 1 Rock Island Arsenal Rock Island, IL 61299-50007am-4:30 pm AER, Parenting Programs AFTB, Mob & Deploy RELO Information & Referral Lending Library Employment Readiness Financial Readiness Sexual Assault Prev & Response Family Advocacy EFMP Families First

State Family Readiness Office Toll-Free Number: (800) 832-9225

Family Assistance Centers TOLL FREE: (800) 832-9225

Service Member & Family Support Network (Civilian):

www.giveanhour.org Give an Hour Jessica Grove Administrative Assistant PO Box 5918 Bethesda MD 20824 Susan Steffey LCPC Palos Hills, IL 708-361-0540 773-779-2962

www.nmfa.org National Military Family Association Voice for Military Families Spouse training program for financial counseling, Purple camps etc

www.bluestarfam.org- policy affecting military families- advocacy group Danette Hayes Co Director National Guard/reserve outreach 1140 Gail Dr. Buffalo Grove, IL 60089 1847-754-8009 danetahayes@yahoo.com Betty Lou Huntley 815-871-9558

www.uso.org/illinois USO of Illinois 333S Walnut Ave 16th Floor Chicago, IL 60604 P:312-822-6699 F: 312-822-2574 ggephartuso@attglobal.net Alison Ruble Community and Entertainment Director 773-350-4336 Anthony Enrietto CEO 312-822-6699

American Legion Family Support Network 1-800-504-4098

Rosencrance Substance Abuse Treatment Centers www.rosencrance.org 1-815-391-1000 Griffen Williamson Campus Harrison Campus and Satellite Offices in Frankfort 20635 Abbey Woods Ct. N Suite 301 Frankfort, IL 60423 630-849-4295, Naperville 608 S Washington St Naperville, IL 60540 630-849-4295 and Northfield 400 Central Ave Suite 200 Northfield IL 60093 630-849-4295

Hartgrove Hospital 5730 W Roosevelt Road Chicago, IL 60644 773-413-1700 1 800 478-4783 www.hartgrovehospital.com behavioral health services for children, adolescents, young adults and adults also has substance abuse sub program

Alexian Brothers Hospital 1650 & 1786 Moon Lake Blvd Hoffman Estates, IL 60169 800-432-5005 or 847-755-8090 www.abbhh.org Child, Adolescent and Adult care specialized services in postpartum depression, OCD, women's behavioral health ECT services resistant depression self injury eating disorders and chemical dependency

Linden Oaks www.lindenoaks.org 630-305-5500 Adolescents CD ADD Anxiety DD Mood Eating Personality Self Injury Adults Anxiety CD, DD, Mood Eating Personality Thought Women's behavioral health to include post partum and Geriatric services

VA Facilities:

Vet Center 3310 N Prospect Road Peoria, IL 61603
P: 309-688-2170 F: 309-688-2811 E: Ronald.Ball@va.gov POC: Ronald Ball
Readjustment Counselor

Rockford Vet Center Outstation 4960 E. State Street Rockford, IL 61108 P: 815-395-1276 F: 815-395-1280

VA Homeless Outreach Center Rock Valley Plaza 4000 46th Ave Rock Island IL 61201
cell 563-320-9887 – Health Care for Homeless Sheri Koob

Veterans Service Officer Richard Stader-Shaw National Guard Armory 1551 N Kedzie Ave Chicago, IL 60651 P: 773-292-7894 F: 773-292-7895 VAoffice.Cook3@illinois.gov

Veterans Service Officer Jane Myers Vaoffice.MACON@illinois.gov 217-875-3285
3133 N Woodford Suite2B Decatur, IL 62526

Vet Center 3310 N Prospect Road Peoria, IL 61603
P: 309-688-2170 F: 309-688-2811 E: Ronald.Ball@va.gov POC: Ronald Ball
Readjustment Counselor

Provide a broad range of counseling, outreach, and referral services to assist veterans and family members overcome the readjustment problems associated with war and personal trauma

Marion VA- Larry Stout OEF/OIF Program Manager 618-997-5311 x 54066

Danville VA Hillary L. Edgerly, LCSW OEF/OIF Program Manager 217-554-5121 Fax 217-554-4810 hilary.edgerly@va.gov 1900 East Main St Danville IL 61832

Danville VA 1900 East Main St Danville IL 61832 Suicide Prevention Coordinator-
Bonnie Ellis 217-554-3163 Fax 217-554-4815 Bonnie.Ellis@va.gov

North Chicago VA Medical Center Clinical Psychologist – Mental Health and Stress Disorders Program John Patrick Bair, PHD, 3001 Green Bay Road North Chicago, IL 60064 P 224-610-5741 Fax 224-610-2913 Mike Konkoly OIF/OEF Manager 224-610-4708

Jesse Brown VA Center Downtown Chicago-Valerie Creedon OEF/OIF Program Manager 312-569-6516

Hines VA (Hines/North Riverside IL- Ivy Bryant Lloyd OEF/OIF Program Manager 708-202-2076

Websites (Military Resources):

88th Regional Readiness Command (RRC) 1-800-the ARMY
<http://www.usarc.army.mil/88thrc/>

Army Community Service - Information from the Army Community and Family Support Center (CFSC) with links to Family Readiness training, resources, spouse employment services, relocation assistance and other programs.
www.myarmylifetoo.com

AKO (Army Knowledge on Line) - Provides a link for soldiers and families to communicate through email/chat/forum/Family Readiness Groups. Free anti-virus software for home computers, news channels, and 24x7 help desk.
<https://www.us.army.mil/suite/login/welcome.html>

Army Reserve Ambassador web page - The web page provides biographical information and how to contact your Army Reserve Ambassador.
http://www.armyreserve.army.mil/ARWEB/OUTREACH/MN_Ambassadors.htm

Army Well-Being Information - <http://www.armyfamiliesonline.org>
DEERS Updates 1-800-538-9552 <http://www.tricare.osd.mil/deersaddress>

Defense Enrollment Eligibility Reporting System (DEERS) 1-800-538-9552
<http://www.tricare.osd.mil/deers>

Human Resources Command - <http://www.hrc.army.mil>

Illinois National Guard - Links to state Family Readiness, Funeral Honors, Education, and Employer Support programs, unit locator, and job postings. www.il.ngb.army.mil
NGB Family Programs - Provides a Resource Locator searchable by state, documents that can be downloaded, and access to announcements and upcoming events.
www.guardfamily.org

TRICARE Retail Pharmacy Benefits - 1-866-363-8779
<http://www.tricare.osd.mil/pharmacy>

TRICARE Mail Order Pharmacy Program - 1-866-363-8667 <http://www.express-scripts.com>

TRICARE Information Service (Medical) - 1-800-363-2273
<http://www.tricare.osd.mil>

TRICARE informational link - DoD created an informational link on the TRICARE website at <http://tricare.osd.mil/tricarecost.cfm>. to help educate beneficiaries regarding what TRICARE will cover for certain medical visits and procedures.
<http://tricare.osd.mil/tricarecost.cfm>

United Concordia (Dental) - 1-800-866-8499 <http://www.ucci.com>

US Department of Defense Health Care Benefits System (TRICARE) - 1-800-444-5445 <http://www.tricare.osd.mil/>

United States Army - <http://www.army.mil/>

United States Army Reserve Command (USARC) -
<http://www.armyreserve.army.mil/arweb> or <http://www.goarmy.com/reserve/nps/>

West Region TRICARE - 1-888-874-9378 (Illinois is in the West Region)
<http://www.triwest.com>

Rapid Site Location - Searches for nearest military ID card office by city, state, or zip code. <http://www.dmdc.osd.mil/rsl/owa/home>

Social Security - 1-800-772-1213 - <http://www.ssa.gov>

Wounded Warrior Resources:

Wounded Warrior Resource Center: 1-800-342-9647 www.MilitaryOneSource.com
Available 24/7

Illinois Warrior Assistance Program www.IllinoisWarrior.com 1866-554-4927